

A woman with blonde hair, wearing a black bikini, is posing with her arms raised and head tilted back, eyes closed. She is illuminated from the side, creating strong highlights and shadows on her skin. The background is dark. In the top center, there is a gold rectangular logo with the text "DR MATTEO VIGO" and "PLASTIC SURGERY" below it.

DR MATTEO
VIGO
PLASTIC SURGERY

MIA® VS PRESERVÉ™:
CHOOSING WHAT'S
RIGHT FOR YOU



When it comes to breast enhancement, patients today have more choices than ever before. Among the advanced options available, MIA® (Minimally Invasive Augmentation) and Preservé™ technique stand out for their innovative approaches inspired by the concept of breast tissue preservation. Both are designed to give women safe, natural-looking results, but they differ in their methods, technology, and type and dimension of the implants used.

If you've been researching breast augmentation, you may have come across these two names and wondered: Which one is better for me? Let's walk through what sets MIA and Preservé apart, and what you should consider before making a decision.

What is MIA® breast augmentation?



MIA Femtech has been described as the next generation of breast enhancement. The idea behind it is simple: achieve enhancement with as little disruption to the body as possible.

Instead of the longer incisions and tissue stretching associated with traditional methods, MIA Femtech uses a minimally invasive technique. The implants are inserted through very small openings strategically placed under the armpit- often no more than 2 centimetres. This means less trauma to surrounding tissue, a faster recovery, and smaller scars. MIA Femtech is particularly suited to women looking for:

- A subtle, natural increase in size.

- Minimal downtime - many return to normal activities within few days.

- A softer, lifestyle-friendly solution rather than a dramatic change.

It's not about a "one-time transformation" but rather a gentle enhancement that fits seamlessly into daily life.

What are Preservé™ implants?

Preservé™

Preservé™ is the future in breast aesthetics, bringing into life the concept of breast tissue preservation. With a small incision, usually around 2-2,5 centimeters, the implants are inserted in the subglandular space without disrupting any breast structure. The implants belong to a class of **premium cohesive gel implants** known for their durability, safety, and ability to hold shape.

Preservé implants are designed to mimic the feel of natural breast tissue while still giving the surgeon freedom to choose from a wide range of sizes, shapes, and projections. They've undergone extensive testing to reduce risks such as rupture, leakage or rippling and are built to last for many years.

Women often choose Preservé when they want:

- More dramatic or clearly defined results.

- A wider choice of sizes and profiles.

- Long-term reassurance with implants backed by a proven safety record.

- Association of the technique with breast lifting procedure.

Comparing MIA® vs Preservé™

To make the differences clearer, let's break them down:

Surgical technique

MIA Femtech: Minimally invasive, very small incisions in the armpit, less disruption to tissue.

Preservé: Breast tissue preservation, very small incision in the submammary fold, allows for precise placement and wider size selection.



Recovery

- Both MIA Femtech and Preserve allow the patient to return to normal life within few days.

Results

- MIA Femtech: Best for natural, modest enhancement with a softer look.
- Preservé: Suitable for both subtle and fuller results, depending on patient preference.

Scarring

- MIA Femtech: Smaller incisions mean finer, less visible scars.
- Preservé: Slightly larger incisions, but placed discreetly and heal well over time.

Who might choose MIA®?

MIA Femtech tends to appeal to women who:

- Want a modest size increase that looks and feels very natural.
- Lead active lifestyles and don't want a long recovery.
- Prefer minimal scarring.
- Feel hesitant about traditional augmentation but want a boost in confidence.

Who might choose Preservé™?

Preservé may be the better choice for women who:

- Want more noticeable or dramatic enhancement.
- Value a wide variety of implant shapes and sizes.
- Are looking for long-term reliability with tested implant technology.

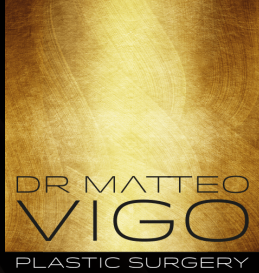
The importance of personal consultation

No blog article or online resource can replace a consultation with a qualified plastic surgeon. Your choice between MIA® and Preservé™ depends on:

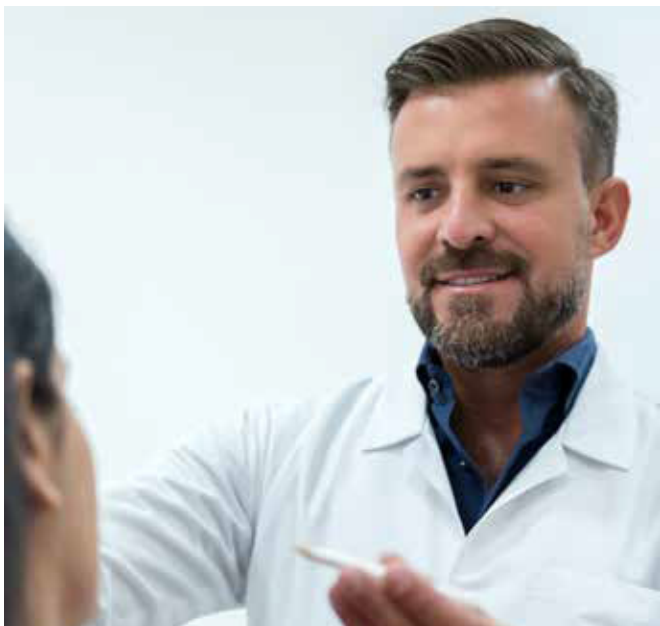
- Your anatomy and breast tissue.
- Your desired size and shape.
- Your lifestyle and how much downtime you can allow.
- Your long-term goals for appearance and comfort.

Dr. Matteo Vigo will guide you through the advantages of each option and recommend the most suitable approach for your unique case.





A BRIEF NOTE FROM DR MATTEO VIGO



I decided to become a doctor at early age but I was not aware of the world of Plastic Surgery. Once I have discovered it I fell in love with the whole concept behind and how this field of Medicine can be helpful for many people.

I passionately believe that, in order to improve the physical aspect of a patient, the plastic surgeon needs to combine the principles of art and science, adopting a global approach to understanding the individual desires.

Plastic Surgery is a truly fascinating, dynamic, constantly evolving field of medicine and I believe that the role of a Cosmetic Surgeon is unique and highly privileged.

My main goal is to understand the needs of a patient and try to transform their desires into reality. The role of a plastic surgeon is not only merely surgical but also supportive in the decision process of the best treatment to help patients finding themselves and their wellbeing.

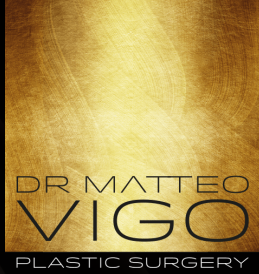
All these steps are taken into consideration once a person walks in my office and the service I am offering them is always at the top.

I am combining experience, quality and professionalism to evaluate each single case and offer the best solution for my patients.

"Because you deserve the best" is my motto and I want always to put the patient at the centre of what I am doing.

You have to feel pampered, understood, listened, loved once in my office and the feedback of this feelings from my patient is my best satisfaction.

Dr Matteo Vigo



MIA® VS PRESERVÉ™

To book a consultation with
Dr Vigo, please contact us today.

EMAIL
booking@matteovigo.com

Telephone & Whatsapp
+971 56 282 5825

Locations

HEALTHBAY VITALIA

Al Wasl Road,
Umm Al Sheif,
Dubai