

A close-up portrait of a woman with light brown hair pulled back, blue eyes, and pink lips. She is looking directly at the camera. A hand in a white latex glove holds a syringe with orange liquid, injecting it into her right cheek. Another white latex glove is visible, supporting her chin from below. The background is a plain, light gray.

DR MATTEO  
**VIGO**  
PLASTIC SURGERY

# **BOTOX INJECTIONS**

## A DETAILED GUIDE

## **Are Botox injections the best option for you?**

Few names are as well-known or as frequently utilized as Botox when it comes to non-surgical cosmetic procedures. It has emerged as the preferred method for softening facial features, minimizing wrinkles, and making people appear as young as they feel. However, is Botox the best option for you?

You're not the only one thinking about it for the first time. In their 30s, 40s, and even beyond, many men and women experiment with Botox in hopes of achieving a modest confidence boost without having to have surgery. When used properly and with the correct expectations, Botox can produce effects that look genuine and natural. However, the secret to success is understanding what it can and cannot do, as well as collaborating with a skilled medical practitioner like Dr. Matteo Vigo in Dubai.

## **What is Botox exactly?**

In extremely small, safe doses, Botox, a refined version of botulinum toxin, is used to temporarily relax specific muscles. Most frequently, it is injected into parts of the face that are prone to dynamic wrinkles, such as the forehead, crow's feet around the eyes, and frown lines between the brows. Botox helps smooth out the skin on top of wrinkles and stops new ones from growing by decreasing the action of those muscles.

The outcome? a more rested, youthful look without freezing your features or altering your natural facial expressions, which is a widespread fear that is primarily caused by misuse or bad technique.





### **Does everyone benefit from Botox?**

Botox is best for people who:

- Want to reduce dynamic wrinkles (wrinkles caused by muscle movement)
- Are looking for a non-invasive treatment with no downtime
- Prefer gradual, natural-looking results
- Want to prevent early signs of ageing from progressing

### **Choosing Dr. Matteo Vigo**

Dr. Matteo Vigo is known in Dubai for his conservative, thoughtful approach to aesthetic treatments. His philosophy is simple: enhance, not exaggerate. With years of experience in both surgical and non-surgical aesthetics, Dr. Vigo works closely with each patient to assess facial anatomy, listen to concerns, and deliver tailored treatments that refresh rather than alter.

For first-time Botox patients, this kind of personalised approach is particularly important. Dr. Vigo takes the time to explain the process, discuss realistic outcomes, and ensure patients feel comfortable and informed before any treatment begins.

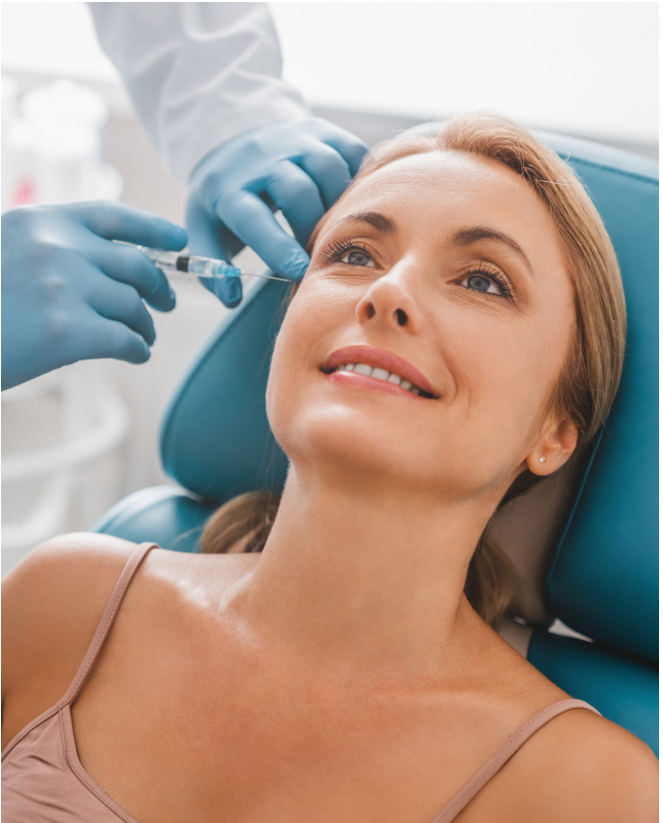
## What to expect from the treatment

The average Botox session lasts 15 to 20 minutes. There is no downtime; you can immediately return to work or your daily schedule. Mild redness or swelling at the injection sites is possible in certain patients, although this normally goes away fast.

Within 3-5 days, the benefits become apparent, and within 10-14 days, they are fully manifested. Usually lasting three to four months, the treatment can be repeated after that. To maintain smooth, rejuvenated skin all year long, many patients opt to schedule routine maintenance appointments.

## Final thoughts

Making you feel more confident about your face is the goal of Botox, not changing it. When done correctly, it won't freeze your expressions or eliminate your personality. Rather, it makes your face appear more calm and friendly by reducing the appearance of indications of aging, tension, and exhaustion.



A woman's face is shown in a dark, moody setting. Her eyes are looking directly at the camera. A golden, textured light source is positioned at the top center of the frame, casting a soft glow. The overall tone is sophisticated and clinical.

DR MATTEO  
VIGO

PLASTIC SURGERY

# A BRIEF NOTE FROM DR MATTEO VIGO



I decided to become a doctor at early age but I was not aware of the world of Plastic Surgery. Once I have discovered it I fell in love with the whole concept behind and how this field of Medicine can be helpful for many people.

I passionately believe that, in order to improve the physical aspect of a patient, the plastic surgeon needs to combine the principles of art and science, adopting a global approach to understanding the individual desires.

Plastic Surgery is a truly fascinating, dynamic, constantly evolving field of medicine and I believe that the role of a Cosmetic Surgeon is unique and highly privileged.

My main goal is to understand the needs of a patient and try to transform their desires into reality. The role of a plastic surgeon is not only merely surgical but also supportive in the decision process of the best treatment to help patients finding themselves and their wellbeing.

All these steps are taken into consideration once a person walks in my office and the service I am offering them is always at the top.

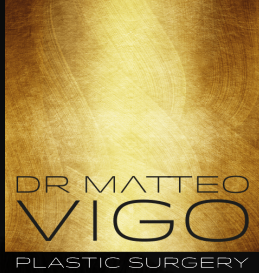
I am combining experience, quality and professionalism to evaluate each single case and offer the best solution for my patients.

"Because you deserve the best" is my motto and I want always to put the patient at the centre of what I am doing.

You have to feel pampered, understood, listened, loved once in my office and the feedback of this feelings from my patient is my best satisfaction.

Dr Matteo Vigo





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To book a consultation with  
Dr Vigo, please contact us today.

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Locations

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