



PLASTIC SURGERY



YOUR GUIDE TO  
**SALMON DNA**



Aging, environmental exposure, and lifestyle choices all contribute to the way the skin gradually changes over time. Advanced therapies for these concerns include microneedling, PRP (Platelet-Rich Plasma), and laser treatment, and they can deliver more noticeable rejuvenation effects than skincare products.

Salmon DNA Therapy is one of the most efficient of these innovative therapies: with little downtime, it restores moisture, suppleness, and a youthful glow from within. Dr. Vigo has extensive knowledge with salmon DNA.

This cutting-edge therapy boosts your body's natural collagen production with pure salmon sperm DNA, resulting in firmer, more youthful-looking skin. This therapy encourages cellular repair and regeneration, which restores the skin's suppleness and natural brightness.

It is especially popular for reviving delicate areas such as the eyes, neck, and hands, where thinner skin is more susceptible to revealing fine lines and wrinkles, which are early signs of aging.

Dr. Vigo uses micro-injections to insert small amounts of Salmon DNA just beneath the skin's surface. These injections trigger your body's natural healing response, increasing hydration and stimulating collagen production.

This process not only enhances the appearance of the skin, but it also strengthens its structure, making it more resistant to aging symptoms.

## What are the advantages of salmon DNA therapy?

Salmon DNA treatment has various advantages, including:

### 1. Deep Hydration of the Skin

Dry, dehydrated skin often lacks a natural glow, appearing lifeless and tired. Salmon DNA treatment increases the skin's ability to retain moisture, resulting in a hydrated, fresh look. The therapy strengthens the skin barrier by stimulating fibroblast cells, which are key participants in collagen production, reducing water loss and boosting internal hydration. This increased moisture retention not only gives skin a youthful, radiant shine, but also makes it feel softer, more flexible, and smoother.

### 2. Increased elasticity and skin firmness.

Skin gradually loses firmness and suppleness as collagen production decreases with age. This can produce drooping, particularly around the cheekbones, jawline, and neck.

Salmon DNA therapy produces new collagen and elastin fibers, which are the building blocks of firm, young skin. This results in tighter, more elevated skin that has more resilience over time. Patients frequently report a more defined jawline, improved contours, and a firm overall texture.

### 3. Minimal lines and wrinkles.

Fine lines appear early in the aging process, particularly around the mouth, eyes, and forehead. Salmon DNA treatment helps fill in these areas by increasing collagen levels and moisture, resulting in a smoother, more rested appearance. This is especially useful in sensitive areas like smile lines and crow's feet, where traditional treatments may be too harsh.

### 4. Improved dermal tone and texture.

Uneven skin tone, rough patches, and bigger pores can make skin appear worn out. Salmon DNA therapy improves cell turnover, allowing for more efficient skin removal of dead cells. As a result, the skin becomes smoother and softer, with improved clarity and tone. Patients who receive regular treatments frequently report that their skin feels silkier to the touch and has a more balanced tone.

### 5. Scalp repair for hair loss.

In addition to its skin benefits, salmon DNA treatment is becoming increasingly popular as a scalp treatment for hair loss. Although further research is being conducted, recent data suggests that when injected into the scalp, it may improve scalp health and promote hair growth.



## What to Expect During and Following Treatment?

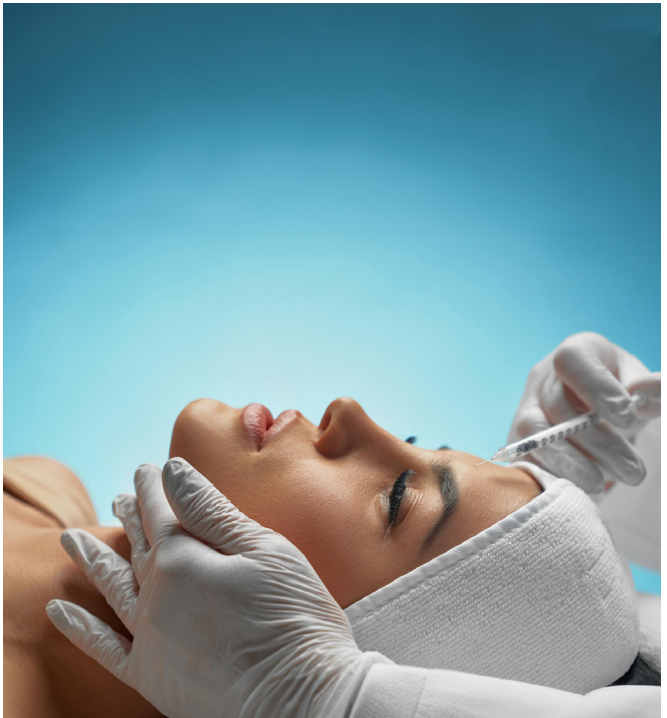
During your session with Dr. Vigo, a fine needle or micro-injection device is utilized to inject tiny amounts of Salmon DNA solution just beneath the skin's surface. These targeted injections are often given in areas that show indications of aging or need hydration, such as the eyes, cheeks, forehead, neck, hands, and even the scalp.

Each session usually lasts less than an hour, and the technique is well tolerated with minimum discomfort. A topical numbing cream can be used ahead of time to ensure comfort, particularly in more sensitive locations.

One of the primary benefits of this treatment is the absence of downtime. Most patients can resume their daily routines soon following their session. While individuals may see modest benefits after the first session, such as a little glow or enhanced hydration, the optimum results are achieved with a full course of three to four treatments spaced two to four weeks apart.

Following therapy, it is typical to notice slight redness, swelling, or tiny pinpoint markings at the injection sites. These usually subside within 24 to 48 hours. Dr. Vigo recommends avoiding sun exposure for 48 hours, using a mild moisturizer, avoiding active skincare products (e.g. retinoids or acids), and staying hydrated.

Salmon DNA therapy boosts your skin's natural regeneration processes, so improvements continue in the coming weeks. Dr. Vigo's patients frequently report smoother texture, greater firmness, and a brighter, more youthful complexion, with continued improvement following each session.



## FAQs

### Is Salmon DNA safe?

Yes. Salmon DNA (PDRN) is purified and highly biocompatible, meaning it integrates naturally with the skin and carries a very low risk of allergic reactions. The DNA used is carefully processed and sterilized, removing any potential for immune rejection or sensitivity.

### How long will it take to see results?

Many patients report an improvement in skin hydration and radiance within a few days after their first session. However, because the treatment works by stimulating natural collagen production and cellular repair, more significant improvements, such as firmer skin and reduced fine lines, typically become noticeable after 2 to 3 weeks. These benefits continue to build with each session.

### How many sessions are needed?

For optimal results, most individuals undergo 3 to 4 sessions spaced about two to four weeks apart. Some patients may choose to continue with maintenance treatments every few months to prolong and enhance the results, particularly if treating signs of aging or hair thinning.

### Can it be combined with other treatments?

Yes, Salmon DNA is often used in combination with other aesthetic treatments, such as Botox, fillers, microneedling, or PRP (Platelet-Rich Plasma). Because it primarily improves skin quality and hydration, it pairs well with treatments that focus on muscle relaxation or volume restoration, resulting in a more comprehensive facial rejuvenation.

### Is there any downtime or aftercare I should be aware of?

Downtime is minimal, but mild redness, pinpoint marks, or slight swelling can occur at the injection sites. These effects typically resolve within 24 to 48 hours. Patients are advised to avoid sun exposure, intense exercise, or harsh skincare products for a few days after treatment. Using gentle, hydrating products and maintaining proper hydration can help enhance the healing process.

### How long do results last?

Results vary based on skin type, age, and lifestyle; however, most Dr. Vigo's patients experience noticeable improvements for several months. To maintain the benefits, especially in high-movement areas like the eyes or mouth, a follow-up session every 3 to 6 months is often recommended by the Doctor.

### Can men benefit from Salmon DNA therapy?

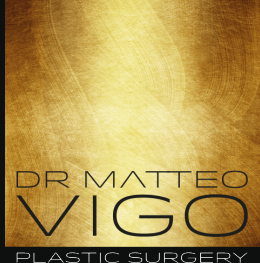
Absolutely. Salmon DNA is suitable for all skin types and genders. Men often seek it out to improve skin tone, reduce early signs of aging, or support scalp health and hair restoration. Since it's a subtle and natural-looking treatment, it appeals to individuals who want results without appearing as though they've undergone cosmetic surgery.

### Is it suitable for all skin tones and types?

Yes, one of the advantages of Salmon DNA therapy is its safety profile across diverse skin tones and types. It does not involve lasers or aggressive exfoliation, making it a gentle option for even sensitive or reactive skin.

### Will I need to take time off work or social events?

Not necessarily. Most people return to their daily activities immediately after treatment. If you're planning to attend an important event, it's advisable to schedule your session at least two days in advance to allow any minor redness or swelling to subside.

A dark, high-contrast silhouette of a woman's head and shoulders is visible in the background. She is smiling and looking upwards and to the left. Her hair is long and wavy.

## SALMON DNA GLOSSARY OF TERMS

## WHAT WORDS SHOULD I KNOW ABOUT SALMON DNA?

**Antioxidants:** These are chemicals that shield cells from damage caused by free radicals, often located in Salmon DNA treatments.

**Bioavailability:** This is the level to which a substance can be soaked up into the body and used, which is the primary factor of the effectiveness of Salmon DNA.

**Collagen:** It is collagen, a protein that gives elasticity and structure to the skin, which is the target of salmon dna treatments.  
DNA Fragments: Brief sequences of genetic information that originated from salmon and is utilized during skin treatments to regenerate skin.

**Elastin:** It can return skin to its original shape by elasticity, a characteristic that salmon theme tries to reach.  
Fibroblasts: The cells which are responsible for creating collagen and elastin in our skin are woken up by Salmon DNA treatments.

**Hydration:** The process of elevating the moisture of the skin, a primary advantage of Salmon DNA treatments.

**Inflammation:** A somehow nature response of the body to physical injury or irritation that is associated with treatments using Salmon DNA.

**Mesotherapy:** A method that means multiple shots of a small amount of Salmon DNA solution into the skin.

**Microneedling:** The creation of small holes in the skin surface which improves the uptake of Salmon DNA products.

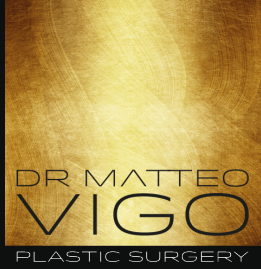
**Regeneration:** The process of rejuvenation and recovery which attracts skin cells, accelerated by Salmon DNA treatments.  
Salmon DNA Serum: A topical product that has Salmon DNA strands which are meant to be used at home for skin rejuvenation.

**Skin Barrier:** The most outer layer of the skin is strengthening its defensive properties with Salmon DNA applications.

**Skin Texture:** The smooth (or not rough) texture of the skin that is usually obtained through Salmon DNA treatments.

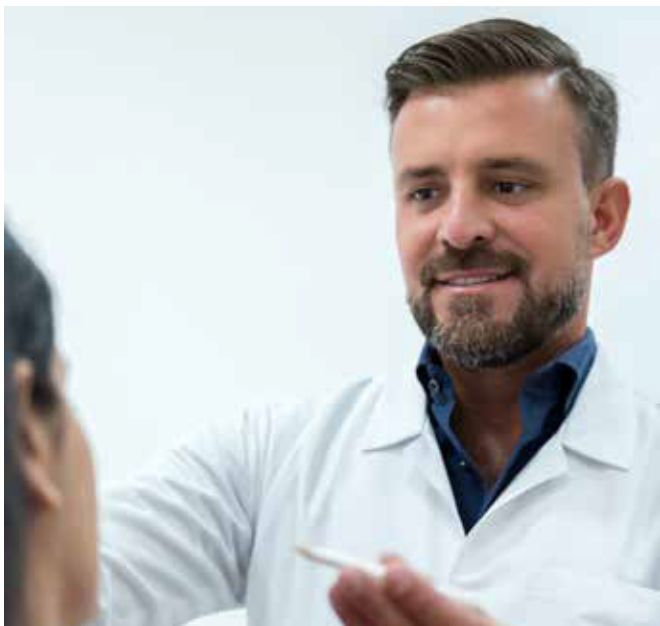
**UV Protection:** The ability to defend the skin from ultraviolet rays is regarded as a probable benefit of some Salmon DNA treatments.



A dark, high-contrast silhouette of a woman's head and shoulders is shown in profile, facing left. Her head is tilted back, and her eyes are closed. The silhouette is set against a dark background, with the text "A BRIEF NOTE FROM DR MATTEO VIGO" overlaid in white.

# A BRIEF NOTE FROM DR MATTEO VIGO





I decided to become a doctor at early age but I was not aware of the world of Plastic Surgery. Once I have discovered it I fell in love with the whole concept behind and how this field of Medicine can be helpful for many people.

I passionately believe that, in order to improve the physical aspect of a patient, the plastic surgeon needs to combine the principles of art and science, adopting a global approach to understanding the individual desires.

Plastic Surgery is a truly fascinating, dynamic, constantly evolving field of medicine and I believe that the role of a Cosmetic Surgeon is unique and highly privileged.

My main goal is to understand the needs of a patient and try to transform their desires into reality. The role of a plastic surgeon is not only merely surgical but also supportive in the decision process of the best treatment to help patients finding themselves and their wellbeing.

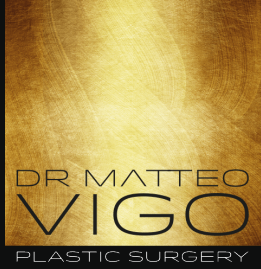
All these steps are taken into consideration once a person walks in my office and the service I am offering them is always at the top.

I am combining experience, quality and professionalism to evaluate each single case and offer the best solution for my patients.

"Because you deserve the best" is my motto and I want always to put the patient at the centre of what I am doing.

You have to feel pampered, understood, listened, loved once in my office and the feedback of this feelings from my patient is my best satisfaction.

Dr Matteo Vigo



# SALMON DNA

---

To book a consultation with  
Dr Vigo, please contact us today.

EMAIL  
[booking@matteovigo.com](mailto:booking@matteovigo.com)

Telephone & Whatsapp  
+971 56 282 5825

Locations

## **HEALTHBAY WOMEN'S CARE**

Al Wasl Road,  
Umm Al Sheif,  
Dubai