



DR MATTEO  
**VIGO**  
PLASTIC SURGERY

## **OZEMPIC BREAST** A DETAILED GUIDE

## Understanding and Managing Volume Loss: Ozempic Breast by Dr. Vigo

There could be a variety of reasons why people lose weight. For instance, weight loss could be a result of underlying medical issues, lifestyle changes, or the intake of drugs that are either meant for the treatment of weight issues or the control of blood sugar levels.

Suppose you are one of those who have experienced a fast and significant weight loss with the drugs Munjaro or Ozempic, which are generally prescribed for type 2 diabetes control, or as a part of a medically supervised weight loss program.

In that case, your breasts can have changed significantly.

This is often referred to as "Ozempic Breast," which is a disorder causing the upper region of the breast to lose volume.

Medications like Ozempic accelerate weight reduction, hence the fat in your breasts may reduce very fast before your skin has time to respond.

Though the nipple stays in its proper place, this fast transition leaves the top half of the breast empty.

Dr. Vigo explains that some women feel that their breasts seem to have "deflated" overnight, and have a hollowed-out look in the upper part even though the nipple sits perfectly.

Women with naturally smaller breasts would notice the difference more clearly since the less fullness is usually more obvious.

Unexpected variations in breast volume can be quite taxing emotionally: some women find that losing fullness affects their body image, self-confidence, and comfort in social settings. Dr. Vigo can assist in finding the most appropriate solution for each individual case.



## Your Available Treatment Alternatives for Ozempic Breast

Depending on your preferences, expectations for recovery, and desired outcomes, there are numerous therapy choices available if you are experiencing an Ozempic Breast.

Dr. Vigo will help you to decide on the best course of action for you, which maybe including:

### Breast Implants

It can restore fullness and volume of the breast. For people looking for a more significant transformation or notable improvement, this might be the best option.

### Autologous fat grafting—fat transfer

This procedure utilizes fat harvested from other areas of the body, such as the abdomen or thighs, to naturally restore breast volume. While fat transfer offers a natural feel and appearance, results can be more subtle, and some of the transferred fat may be reabsorbed by the body over time, requiring additional treatments.

### MIA FEMTECH

For those seeking a fast and effective solution, MIA Femtech is the standout option, recommended by Dr. Vigo.

This innovative technique is designed to restore lost volume without the need for invasive surgery.

Here's why MIA FEMTECH is such a great choice:

#### Minimally invasive:

The procedure requires only a tiny incision in the armpit, which means no visible scars on the breast itself.

#### Quick results:

It offers immediate improvements with minimal downtime, making it an ideal solution for busy individuals.

#### Natural feel:

The unique implant is positioned above the muscle to maintain a soft, natural shape.

#### Fast recovery:

Most patients can return to their normal activities within a few days.

Dr. Vigo is the leading plastic surgeon and Brand Ambassador for MIA FEMTECH in the GCC Region. Contact the Doctor today and see if you are a candidate for MIA FEMTECH.



## How Does MIA Femtech Work?

MIA Femtech is great for people with hectic schedules who desire fast and safe natural-looking outcomes since it is a simplified operation with quick recovery, unlike fat transfer treatments and breast implants surgery.

It entails making a tiny incision in the underarm region and passing through a specifically made, diamond-shaped, implant.

This implant naturally contours the top region of the breast and restore fullness.

Recovering from the operation is faster, with patients going back to a normal life the same day or within a few days.

The special form of the implant guarantees its stability in situ and blends seamlessly with their body's current breast tissue, so enhancing it but keeping a real appearance.

## Recovery and Aftercare with MIA FEMTECH

Dr. Vigo encourages patients to take it easy for the first few days.

Also, wearing a supportive bra can help achieve the best results.

Most patients see their final results within a few weeks as the implant settles naturally.

Since MIA Femtech is a minimally invasive procedure, discomfort is very mild and easily manageable with over-the-counter pain relief.

In addition to avoiding strenuous exercise, patients are encouraged to sleep on their backs and avoid lifting heavy objects for the first two weeks to ensure optimal implant positioning.

Routine follow-ups with Dr. Vigo and his team will ensure that everything is healing correctly and that the implants have settled properly.

While Ozempic Breast can be an unexpected and frustrating side effect of rapid weight loss, there are solutions available to help restore breast volume and improve body confidence.



## **FAQs**

### **Is MIA FEMTECH painful?**

No, the procedure is performed under local anesthesia and patients generally describe it as very comfortable. Mild discomfort during recovery can happen and can be easily managed with over-the-counter pain relief.

### **How long do results last?**

MIA Femtech results are designed to be long-lasting and, generally, they are permanent. However, factors such as aging, weight fluctuations, or lifestyle changes may influence breast shape over time.

### **Can the implants be removed?**

Yes, one of the benefits of MIA Femtech is that the implants are completely reversible. If desired, they can be safely removed or adjusted without major surgery.

### **How soon after weight loss can I get treatment for Ozempic Breast?**

Dr. Vigo recommends that the weight has stabilized for at least two months before undergoing treatment. This ensures your body has fully adjusted, reducing the risk of further volume loss after your procedure.

### **Will my breast size return to what it was before I lost weight?**

MIA Femtech is designed to restore volume to the upper portion of the breast, improving shape and fullness. While it enhances your natural proportions, the goal is to create balance rather than an exact match to your previous size.

### **Can I combine MIA Femtech with other treatments?**

Yes, some patients opt to combine MIA Femtech with treatments such as fat transfer, skin-tightening procedures, or breast lifts to enhance their results further. During your consultation, Dr. Vigo can recommend the best combination of treatments tailored to your specific goals.

### **Is there a risk that the implant will shift or move?**

The diamond-shaped design implant helps it stay securely in place. Following Dr. Vigo's recovery guidance further minimizes this risk.

### **Will MIA FEMTECH affect mammogram results?**

MIA Femtech implants are designed to sit above the muscle, which minimizes interference with mammograms.

A woman with long, wavy hair is shown from the chest up, wearing a black bra. Her face is partially obscured by a large, vertical, golden rectangular overlay that contains the text 'DR MATTEO VIGO PLASTIC SURGERY'. The background is dark and moody.

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# OZEMPIC BREAST GLOSSARY OF TERMS

## WHAT WORDS SHOULD I KNOW ABOUT Ozempic Breast?

**Breast Augmentation:** A plastic surgery procedure to increase breast size or to improve breast shape, usually involving the use of implants or fat transfer.

**Breast Ptosis:** The medical term for sagging breasts, which can occur due to rapid weight loss or aging.

**Collagen:** Similar loss of the fibrous substance on the cellular level could result in skin gassing and sagging. It is a major protein in the body which acts as a structural support to skin and all other tissues. It might be affected by a sudden increase in weight loss.

**GLP-1 Receptor Agonists:** The category of medications, including Ozempic, that play the part of the hormone that helps in regulation of glucose and control of appetite?

**Lipolysis:** Lipolysis is the disintegration of fat cells in the body, which can make breast tissues lose their stability during weight loss.

**Mastopexy:** Mastopexy is another name for a breast lift surgery which is used for sagged breasts. It is a cosmetic operation to plump up and reverse breast sags to the younger days.

**Ozempic:** Ozempic is the name of a drug that contains semaglutide, a medicine primarily used for the management of diabetes brought about by obesity and is the latest trend asset for weight reduction.

**Ozempic Breast:** In the language of ordinary people, breast tissue might be deflated or slightly sagged due to rapid weight loss from Ozempic use (it is a misconstruction of form and adhesion forces).

**Semaglutide:** Semaglutide is a drug used as a GLP-1 receptor agonist, which is useful in lowering blood sugar and weight management.

**Subcutaneous Injection:** The subcutaneous injection represents the method of administration for Ozempic, by injecting it into the fat tissue just beneath the skin.

**Wegovy:** Wegovy is different from other similar GLP-1 inhibitors because it is specifically designed to help people suffering from obesity or overweight.

**Weight Loss Medications:** Weight reducing medications are normally drugs which are designed as dieting supplements and are most commonly prescribed together with diet and exercise.



A woman with long, wavy hair is shown from the chest up, wearing a black bra. She is looking down and to the right. The background is dark and moody.

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## A BRIEF NOTE FROM DR MATTEO VIGO





I decided to become a doctor at early age but I was not aware of the world of Plastic Surgery. Once I have discovered it I fell in love with the whole concept behind and how this field of Medicine can be helpful for many people.

I passionately believe that, in order to improve the physical aspect of a patient, the plastic surgeon needs to combine the principles of art and science, adopting a global approach to understanding the individual desires.

Plastic Surgery is a truly fascinating, dynamic, constantly evolving field of medicine and I believe that the role of a Cosmetic Surgeon is unique and highly privileged.

My main goal is to understand the needs of a patient and try to transform their desires into reality. The role of a plastic surgeon is not only merely surgical but also supportive in the decision process of the best treatment to help patients finding themselves and their wellbeing.

All these steps are taken into consideration once a person walks in my office and the service I am offering them is always at the top.

I am combining experience, quality and professionalism to evaluate each single case and offer the best solution for my patients.

"Because you deserve the best" is my motto and I want always to put the patient at the centre of what I am doing.

You have to feel pampered, understood, listened, loved once in my office and the feedback of this feelings from my patient is my best satisfaction.

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