

A close-up photograph of a woman's eye, showing her brown iris and long, dark eyelashes. The skin around the eye is fair and has a fine texture. At the top of the image, there is a vertical rectangular area with a gold, brushed-metal texture. Overlaid on this textured area is the text 'DR MATTEO VIGO' in a black, sans-serif font. Below this, the words 'PLASTIC SURGERY' are written in a smaller, all-caps, sans-serif font.

DR MATTEO  
VIGO

PLASTIC SURGERY

**BLEPHAROPLASTY:**  
UPPER EYELID  
RESHAPING SURGERY



This cosmetic eye surgery deals with the contours of the upper eyelid space. This procedure concerns the removal of excess skin and muscle. The goal is to create a more youthful appearance by reducing sagging skin, lifting the area and reducing hooded lids.

The skin and muscles surrounding the eyes weaken and stretch as a result of gravity's downward pull and a loss of skin elasticity. This leads to an accumulation of loose skin and fat protrusions that give the impression of "eye bags" or a hooded look of the upper eyelid skin. Smoking, sun exposure, and weight loss may all have an accelerating influence on this feature, which may run in families.

Blepharoplasty is an activity performed on the eyelids (upper, lower or both) which includes the expulsion of skin and delicate tissue, bringing about a fresher more energetic appearance to the eyes and whole face. The blepharoplasty system is finished to decrease the greatness around the eyes.

This appearance can be related with skin, fat, and muscle overabundance both to the upper and lower eyelids leaving patients with a drained appearance despite the fact that might feel great rested. Blepharoplasty is in many cases performed as an elective medical procedure for corrective reasons. Lower eyelid blepharoplasty tries to further develop puffy lower eyelid "packs" and diminish the wrinkling of skin.

Blepharoplasty is once in a while required for utilitarian reasons. At the point when a high level measure of upper eyelid skin is available, the skin might project over the eyelashes and causes a deficiency of fringe vision. The external and upper pieces of the visual field are most generally impacted and the condition might cause trouble with exercises like driving or perusing. In this situation, upper eyelid blepharoplasty is performed to work on fringe vision.

To appear younger is a typical motivation for blepharoplasty procedures. Due to the loss of collagen and the elasticity of the skin, the skin on our eyelids is frequently one of the first areas of the body to show indications of ageing. This causes the skin to sag and droop more, which might make us look older than we actually are.

While everyone experiences this as a natural part of ageing, some people may be more prone to sagging or drooping eyelids, which can create issues early on and worsen with age. An upper blepharoplasty operation may be a very efficient technique to solve the issue and restore a person's youthful appearance.

### **UNDERGOING A BLEPHAROPLASTY**

For upper eyelids, the specialist cuts along the crease of the eyelid. The specialist eliminates some overabundance skin, muscle and conceivably fat. Then, at that point, the specialist shuts the cut.

On the lower cover, the specialist makes a cut just underneath the lashes in your eye's regular wrinkle or inside the lower top. The specialist eliminates or rearranges overabundance fat, muscle and hanging skin. Then, at that point, the specialist shuts the cut.

On the off chance that your upper eyelid hangs near your student, your specialist might do blepharoplasty joined with a technique called ptosis. Ptosis is intended to lift the eyelid as well as eliminate overabundance eyelid skin.

### **IS A BLEPHAROPLASTY RIGHT FOR YOU?**

Hanging eyelids can make you look a lot more seasoned than you truly are. The saggy tops likewise make shadow zones that give your face a hazier, harsh appearance. Be that as it may, restorative medical procedure isn't a great fit for everybody.





For the most part, optimal possibility for blepharoplasty incorporate the people who experience the ill effects of saggy lower eyelids that cause an expanded measure of eye white to show, the people who have hanging upper covers brought about by a development of greasy tissue underneath the skin and people who are having their vision - particularly their fringe vision - darkened. Packs under the lower covers can likewise be revised with blepharoplasty. Eyelid blepharoplasty can have a striking effect in the presence of your face, lightening the presence of sluggishness and advanced age. Your eyes seem fresher and more young and these outcomes might keep going for a long time. The level of progress shifts from one patient to another.

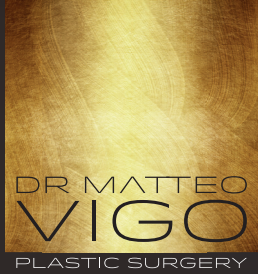
### **BLEPHAROPLASTY RESULTS**

Following a blepharoplasty medical procedure the face will have a more energetic appearance and generally speaking the eyelids feel less weighty. The outcomes by and large last 10 to 15 years and the medical procedure typically needn't bother with to be rehashed. There is no such thing as an ideal tasks and no specialist is great. No individual has wonderful prior life systems and no skin twisted recuperates without some level of scarring. A gentle level of deviation between eyelids is the standard, as opposed to the exemption.

A practical assumption from the medical procedure would be a 80% improvement in the upper eyelid appearance and a 70% improvement in the lower eyelid appearance. Unlike many other cosmetic procedures and anti-ageing products, a blepharoplasty procedure offers a long-lasting solution to tired eyes. As the results are long-term, most patients will not feel the need to come back in for a repeat procedure.

Depending on which type of eye rejuvenation surgery you choose, the procedures can help to lift, smooth and tone the area above or below the eyes. Muscles under the skin's surface can also be tightened up, if this is required. The aim is to produce a youthful-looking appearance.

Some patients choose to combine surgical and non-surgical anti-ageing treatments. Combining this procedure with things like muscle relaxing injections or facial peels can also be beneficial.



# A BRIEF NOTE FROM DR MATTEO VIGO





I decided to become a doctor at early age but I was not aware of the world of Plastic Surgery. Once I have discovered it I fell in love with the whole concept behind and how this field of Medicine can be helpful for many people.

I passionately believe that, in order to improve the physical aspect of a patient, the plastic surgeon needs to combine the principles of art and science, adopting a global approach to understanding the individual desires.

Plastic Surgery is a truly fascinating, dynamic, constantly evolving field of medicine and I believe that the role of a Cosmetic Surgeon is unique and highly privileged.

My main goal is to understand the needs of a patient and try to transform their desires into reality. The role of a plastic surgeon is not only merely surgical but also supportive in the decision process of the best treatment to help patients finding themselves and their wellbeing.

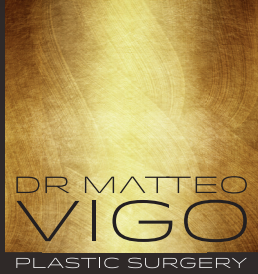
All these steps are taken into consideration once a person walks in my office and the service I am offering them is always at the top.

I am combining experience, quality and professionalism to evaluate each single case and offer the best solution for my patients.

**“Because you deserve the best”** is my motto and I want always to put the patient at the centre of what I am doing.

You have to feel pampered, understood, listened, loved once in my office and the feedback of this feelings from my patient is my best satisfaction.

Dr Matteo Vigo



# BLEPHAROPLASTY DUBAI

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To book a consultation with  
Dr Vigo, please contact us today.

EMAIL  
[booking@matteovigo.com](mailto:booking@matteovigo.com)

Telephone & Whatsapp  
+971 56 282 5825

## Locations

### **AMWAJ POLYCLINIC**

Building P11  
Jumeirah Beach Residence  
Dubai

### **HEALTHBAY POLYCLINIC**

Al Wasl Road, Verve Villas  
Umm Al Sheif  
Dubai