

A close-up portrait of a woman's face, focusing on her eyes and lips. She has light blue eyes and is looking slightly upwards. Her lips are full and pink. Her hands are visible near her mouth, with fingers touching her lips. At the top of the image, there is a vertical gold bar with a textured, metallic appearance.

DR MATTEO  
**VIGO**

PLASTIC SURGERY

**YOUR COMPLETE GUIDE  
TO LIP LIFT SURGERY**

For those who would want their upper lip to have more height, definition, and volume, lip lift surgery is a very effective option.

A surgical technique called an upper lip lift aims to raise the top lip by shortening the space between the nose and the lip. This surgical procedure addresses an enlarged philtrum, the vertical groove that runs between the nose and the top lip, and offers a permanent treatment for people who have a thin upper lip as a result of heredity or ageing naturally. Moreover, a sagging upper lip—a frequent side effect of natural aging - can be properly treated with lip lift surgery.

Lip lift surgery, sometimes referred to as a “subnasal lip lift” or “bullhorn lip lift,” is a cosmetic treatment used to elevate and provide the illusion of a thicker upper lip. Lip lift surgery can be a smart choice for you if you’re dissatisfied with the way your upper lip looks.

Certain people have self-consciousness over their lips due to various reasons, such as having an ageing or short upper lip or an uneven top lip. These problems may be resolved, your smile will seem better, and the top lip will appear more young and symmetrical after lip lift surgery.

### **HOW DOES LIP LIFT SURGERY WORK?**

There are various ways to perform a lip lift, depending on a patient’s wants and needs.

#### ***BULLHORN LIP LIFT***

Usually carried out by a cosmetic surgeon, a bullhorn lip lift procedure is creating an incision slightly above the top lip along the base of the nose. The top lip is then made more prominent and youthful-looking by lifting and realigning the skin and tissue above the incision. In certain instances, Dr. Vigo could remove a tiny bit of skin to improve the outcome even further.

#### ***CORNER LIP LIFT***

The purpose of this technique is to elevate the corners of the mouth, so helping to rectify a sad or downturned aspect. An incision is made in the corner of the mouth, and the tissue and skin are raised to realign the corner.

#### ***LIP ADVANCEMENT***

In order to give the top lip a larger look, an incision is made in the centre and the tissue is advanced. These treatments are carried out while you are under twilight IV sedation, and they typically take one to two hours to finish.

You’ll have some bruising and swelling in the surgical site, but these side effects should go away in a few days. It’s crucial to remember that a lip lift may not show effects right away; instead, they may take a few weeks to several months to manifest. The process is thought to be long-lasting, lasting several years.

### **WHY SHOULD I GET A LIP LIFT?**

Before making any commitments, you must consult with Dr. Vigo. You may be a good candidate for a lip lift if you match the following criteria.

#### ***SHORT UPPER LIP***

Certain individuals are born with a shortened upper lip, which can accentuate teeth and make it challenging to grin naturally.



#### ***THIN OR AGING UPPER LIP***

The upper lip might seem thinner and less young as we age because it can lose volume and definition. Additionally, some people wish to enjoy the appearance and feel of a more proportional top lip because they were born with thin lips.

#### ***LACK OF SYMMETRY***

Some people experience self-consciousness due to asymmetry in their top lip from birth. By making the top lip appear more young, full, and symmetrical with the rest of the face, lip lift surgery can improve the overall appearance of the face. In order to assess if lip lift surgery is a wise decision for you, Dr. Vigo will go over your expectations, health history, and physical condition during your appointment.

#### ***RECOVERY FROM A LIP LIFT***

Following a lip lift, recovery usually takes several weeks. You can have some bruising and swelling right after the procedure, but these will go gone in a few days. You will get instructions from Dr. Vigo on the proper care of your incisions, including how to clean them, apply ointment, and reduce the chance of infection.

You should avoid physically demanding activities that can result in bleeding and edoema during the first few days following surgery, and you should keep the area around the incision clean and dry.

In addition, you'll be told not to smoke or drink alcohol, as these things might exacerbate swelling and slow the healing process. You should also only consume soft foods.



### **LIP LIFT VS LIP AUGMENTATION**

Although they both seek to enhance the lips' look, a lip lift and a lip augmentation are two distinct cosmetic operations.

A lip lift is a surgical technique that involves making incisions to elevate the top lip, resulting in a larger and more attractive lip.

In contrast, a lip augmentation is a non-surgical method used to increase the volume of lips. This is accomplished either by fat transfer or by injecting fillers, such as hyaluronic acid, into the lips. Lip augmentation is a transient technique, with results lasting anywhere from six months to a year, in contrast to lip lift surgery.

Being a non-surgical technique, lip augmentation may simply require a topical anaesthetic to numb your lips; you do not need to be sedated.

If you desire bigger lips without surgery or would prefer a more subdued plump appearance, augmentation is a good option. A lip lift might be the better option if you're looking for a more noticeable and therapeutic alteration.

### **RISKS AND POTENTIAL COMPLICATIONS OF A SURGICAL LIP LIFT**

A surgical lip lift has risks, just like any other medical operation. Even though problems are uncommon, it's crucial to be informed of the risks and talk about them with Dr. Vigo before to the treatment.



DR. MATTEO  
VIGO  
PLASTIC SURGERY

# A BRIEF NOTE FROM DR. MATTEO VIGO



I decided to become a doctor at early age but I was not aware of the world of Plastic Surgery. Once I have discovered it I fell in love with the whole concept behind and how this field of Medicine can be helpful for many people.

I passionately believe that, in order to improve the physical aspect of a patient, the plastic surgeon needs to combine the principles of art and science, adopting a global approach to understanding the individual desires.

Plastic Surgery is a truly fascinating, dynamic, constantly evolving field of medicine and I believe that the role of a Cosmetic Surgeon is unique and highly privileged.

My main goal is to understand the needs of a patient and try to transform their desires into reality. The role of a plastic surgeon is not only merely surgical but also supportive in the decision process of the best treatment to help patients finding themselves and their wellbeing.

All these steps are taken into consideration once a person walks in my office and the service I am offering them is always at the top.

I am combining experience, quality and professionalism to evaluate each single case and offer the best solution for my patients.

“Because you deserve the best” is my motto and I want always to put the patient at the centre of what I am doing.

You have to feel pampered, understood, listened, loved once in my office and the feedback of this feelings from my patient is my best satisfaction.

Dr Matteo Vigo



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**VIGO**  
PLASTIC SURGERY

# AESTHETIC MEDICINE DUBAI

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To book a consultation with  
Dr Vigo, please contact us today.

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## Locations

### **AMWAJ POLYCLINIC**

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### **HEALTHBAY POLYCLINIC**

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Umm Al Sheif  
Dubai