



DR MATTEO  
**VIGO**

PLASTIC SURGERY

BOTOX FOR **FACIAL**  
**REJUVENATION**



Botox is one of the most commonly used anti-aging products in the world today. It's used to combat fine lines and wrinkles, plump-up lips, and more. It even has uses in the treatment of migraines and other health conditions. However, if you're thinking about a Botox treatment, there are things you'll need to know.

#### **WHAT IS BOTOX?**

Botox is a patented product made from bacteria (*Clostridium botulinum*). It is technically a diluted neurotoxin, and it does one thing - it relaxes the muscles under your skin by blocking nerve signals.

#### **HOW DOES BOTOX WORK?**

Botox works by blocking nerve signals to the muscles. This prevents them from moving, which, in turn, prevents wrinkles from appearing. Note that Botox does not remove wrinkles - it prevents muscles from contracting and creating wrinkles in the process. Simply put, it prevents you from making the facial expressions that form the wrinkles that come with them.

You may be a good candidate for cosmetic Botox injections if you have any of the following:

#### **Frown lines**

Vertical wrinkles between the eyebrows

#### **Forehead Creases**

Horizontal forehead lines

#### **Crow's Feet and Bunny Lines**

Lines around the eyes

### **Platysmal Bands**

Two ridges of muscle that you may see running vertically up your neck as we age.

### **Droopy Brows**

Non-surgical Brow Lifts

### **Dimpled Chin “Orange Peel”**

Puckered chins

### **Worry and Frown Lines**

Restore a natured appearance

### **Droopy Lip Corners**

Downward turned corners of the mouth that give an angry appearance

### **Eye Muscle Spasm**

Eyelid spasm or eye muscle spasm that can cause crossed eyes

### **Facial Muscle Imbalance**

Restore facial symmetry

### **Facial and Neck Spasms**

Treat involuntary muscle spasms.

### **PROCEDURE**

In preparation for botulinum toxin treatment, or any injectable procedure, bruising can be minimized by discontinuing aspirin and any medication or dietary supplement that has anticoagulant effects two weeks before treatment.

Patients are advised to avoid lying supine following treatment for four hours. They are also advised to avoid massaging or applying heat to the treatment area, and to avoid activities that cause flushing (such as exercising heavily, consuming alcohol, and hot tub use) on the day of



treatment.

Partial reduction in function of the targeted glabellar complex muscles is seen by the third day after botulinum toxin injection, with maximal reduction visible two weeks after injection.

Return of muscle function is gradual, typically three to four months after treatment. Subsequent treatment is advised when muscle contraction is visible in the treatment area before facial lines return to their pretreatment appearance. After multiple treatments, botulinum toxin effects may be prolonged and, for some patients, treatment intervals can be extended beyond three to four months.

### **HOW LONG DO THE EFFECTS OF BOTULINUM TOXIN LAST?**

Most patients find that the effects of botulinum toxin injections last approximately 3-6 months. Most of my patients come 3-4 times the first year and then 2-3 times a year after that. After the muscles have been relaxed for a while, it takes less to maintain that relaxation. But every patient is an individual, and there is no knowing exactly how you will respond.

### **HOW LONG DOES BOTULINUM TOXIN TAKE TO WORK?**

The effects may be first noticed in 72 hours but it may take up to 7 days to maximize the effect. You may be asked to return after the first treatment so that I can assess your response. The first set of botulinum toxin injections may only give a partial response. This is common and complete relaxation may be noticed after the second or third treatment.

### **DO BOTULINUM TOXIN INJECTIONS HURT?**

Botulinum toxin is injected with a very small needle (like an acupuncture needle), so it causes very little pain upon injection. Botulinum toxin does not cause irritation or inflammation. Occasionally, patients have noticed that there is a mild stinging sensation.

### **WHO IS THE IDEAL CANDIDATE?**

Many patients are surprised to hear that there are actually different types of wrinkles, and Botox® only works on some of those imperfections. This injectable isn't going to erase any wrinkles that have been caused by sagging or loose skin. That being said, it is an excellent option for dynamic wrinkles around the eyes and on the forehead. It can also be used to treat deeper folds along the outside of the mouth. Before you have this treatment carried out, Dr. Vigo will need to take a look at your medical history and carefully inspect your face.

Administering this facial rejuvenation product is extremely easy, and the entire treatment usually only takes five or 10 minutes. Botox is administered with a very fine needle, but Dr. Vigo wants to be absolutely sure that his patients remain as comfortable as possible. Following your injections, Dr. Vigo suggests that you stay out of direct sunlight and avoid strenuous activities for at least an hour. Most patients claim that the side effects are very mild, and you won't have to follow any complicated aftercare instructions.

### **YOUR REJUVENATED APPEARANCE**

Millions of Botox injections are carried out every year, and this injectable has helped countless patients eradicate wrinkles and fine lines.



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PLASTIC SURGERY

A BRIEF NOTE FROM  
DR MATTEO VIGO



I decided to become a doctor at early age but I was not aware of the world of Plastic Surgery. Once I have discovered it I fell in love with the whole concept behind and how this field of Medicine can be helpful for many people.

I passionately believe that, in order to improve the physical aspect of a patient, the plastic surgeon needs to combine the principles of art and science, adopting a global approach to understanding the individual desires.

Plastic Surgery is a truly fascinating, dynamic, constantly evolving field of medicine and I believe that the role of a Cosmetic Surgeon is unique and highly privileged.

My main goal is to understand the needs of a patient and try to transform their desires into reality. The role of a plastic surgeon is not only merely surgical but also supportive in the decision process of the best treatment to help patients finding themselves and their wellbeing.

All these steps are taken into consideration once a person walks in my office and the service I am offering them is always at the top.

I am combining experience, quality and professionalism to evaluate each single case and offer the best solution for my patients.

“Because you deserve the best” is my motto and I want always to put the patient at the centre of what I am doing.

You have to feel pampered, understood, listened, loved once in my office and the feedback of this feelings from my patient is my best satisfaction.

Dr Matteo Vigo



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## BOTOX DUBAI

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To book a consultation with  
Dr Vigo, please contact us today.

EMAIL  
[booking@matteovigo.com](mailto:booking@matteovigo.com)

Telephone & Whatsapp  
+971 56 282 5825

Locations

**AMWAJ POLYCLINIC**

Building P11  
Jumeirah Beach Residence  
Dubai

**HEALTHBAY POLYCLINIC**

Al Wasl Road, Verve Villas  
Umm Al Sheif  
Dubai