

A vertical photograph of a woman with long, dark hair, shown in profile from the chest up. She is looking upwards and to the right, with her eyes closed. Her right hand is gently touching her neck. The background is a soft, light beige color. At the top of the image, there is a gold-colored rectangular area containing the text 'DR MATTEO VIGO' and 'PLASTIC SURGERY' below it.

DR MATTEO
VIGO

PLASTIC SURGERY

RENUVION:
THE GROUND BREAKING,
MINIMALLY-INVASIVE
TISSUE CONTRACTING
TREATMENT



We all want to look our very best and having a toned physical appearance can mean all the difference to our confidence and wellbeing. If you are planning a special event, have a milestone birthday coming up, or simply want to look and feel better in yourself, Dr. Vigo offers a range of body sculpting and toning treatments so you can stand out from the crowd and really 'own' your physical appearance.

Renuvion® is a ground breaking, minimally-invasive tissue contracting treatment, which is perfect as a stand-alone procedure, or combined with fat removal treatments, for a holistic approach to body sculpting and skin toning. Renuvion® is a walk-in-walk-out procedure and can be conducted under a local or general anaesthetic, depending on what Dr. Vigo advises.

Until recently, no surgical procedure or energy source achieved consistent significant tightening without an extensive recovery. Now, whether ultrasonic liposuction is used in conjunction with Renuvion for skin tightening or not, there is hardly an area of the body that cannot be treated.

Renuvion is used in a minimally invasive procedure through small entry points to gently contract tissue below the skin. Incisional scars are very minor compared to traditional excisional surgery. The procedure can be performed while awake with a local anesthetic or while the patient is asleep. Recovery time is shorter compared to more invasive treatments and alternative minimally invasive RF technology. Doctors often report that the contraction effect created by Renuvion is noticeable immediately after treatment. Results may even continue to improve over time.



WHAT IS RENUVION?

Renuvion is a revolutionary minimally invasive procedure that uses cold plasma energy on the underside of the skin to instantly tighten and rejuvenate anywhere on the face and body. A unique alternative to traditional facelifts, tummy tucks, and body sculpting, the Renuvion procedure will shrink and sculpt loose and lax skin without large incisions, downtime or complications of cosmetic surgery.

Renuvion for the face uses cold plasma energy under the skin to lift, tighten and rejuvenate the face and neck giving you natural-looking results with minimal downtime and no complications of a traditional facelift. Renuvion is unique because the cold plasma energy applied under the skin creates instant skin contraction resulting in improved laxity, tightening and shrinkage.

AM I A CANDIDATE FOR THIS SKIN TIGHTENING PROCEDURE?

Renuvion is a treatment option for patients who want skin tightening results, but do not want to do invasive plastic surgery. No other minimally invasive technology will tighten the skin to this degree with such a:

- tiny incision
- little or no scarring
- minimal downtime

BENEFITS OF RENUVION FOR THE FACE

- Immediate skin tightening
- Improved skin elasticity
- Scar reduction
- Reduction and/or elimination of age spots, sun damaged pigment and freckles
- Reduction of wrinkles and lines caused by ageing and weight changes
- Tightening of loose skin in known problematic areas of the face



- Improvement of skin texture and tone around the lips, eyes, cheeks, forehead, jaw and neck
- Reduction of eye bags and crow's feet
- Reduction of acne and pigment issues (chloasma)

RENUVION COMMON TREATMENTS

Both women and men can undergo Renuvion treatment. However, it is most popular with women and the most common treatment areas are:

- Face
- Neck
- Breasts
- Stomach
- Arms
- Thighs

WHAT IS PLASMA ENERGY?

Cold plasma is created when helium gas is energized by radiofrequency energy and delivered through the Renuvion device. Because Helium gas is very stable, it can be ionized at very low energy ensuring flexible, precise and safe delivery. Cold plasma is cooler than laser energy making Renuvion Face a safer procedure with less risk and damage to the tissue and affording patients a quick recovery. The level of improvement and rejuvenation from cold plasma energy is unrivaled in current technologies. No laser, ultrasound or radiofrequency treatment is capable of tightening and firming skin to this level.

RENUVION CONSULTATION

During your consultation, Dr. Vigo will evaluate your skin elasticity, and your underlying muscle tone. He will thoroughly explain the technique along with its risks, benefits, and recovery times.

RENUVION FACE PROCEDURE

Performed in a day care facility and using local anesthesia with sedation, Dr. Vigo starts the Renuvion procedure with three tiny, hidden incisions under the chin and behind each ear. He will then use the Renuvion device sub-dermally (under the skin) to deliver cold plasma, which instantly tightens, shrinks and rejuvenates skin from the inside out. Results are immediate and continue to improve as your body continues to heal. A compressive garment is needed post operatively in order to enhance the result of the procedure.

DOES THE PROCEDURE REQUIRE GENERAL ANESTHESIA?

Renuvion can be done under general anesthesia, sedation or even local anesthesia only for limited areas.

HOW MANY RENUVION TREATMENTS WILL I NEED?

Renuvion is a single treatment. You will start seeing results soon after surgery, but the skin continues to tighten over the next several months and up to a year as the skin remodels and deposits new collagen.

RECOVERY AFTER RENUVION SKIN RESURFACING

Although most patients are up and about at 2 weeks, there is still redness/erythema that lasts approximately 4 weeks. The energy penetrates deep into the skin for maximal result which does lengthen downtime. This is in contrast to Renuvion tightening where I have had patients go back to work within a few days. For limited areas, most patients only require a pain reliever during recovery.

RECOVERY & SIDE EFFECTS

Recovery from Renuvion procedures can take between two to three weeks depending on the extent of the procedure and the target area.

Larger body parts generally require more downtime and patients will feel more symptoms than that of smaller target areas. Patients should expect to experience symptoms for up to three weeks post treatment. These can include:

- Dry skin
- Peeling skin
- Mild pain
- Redness
- Swelling
- Itching
- Bruising

Medication can be taken to curb symptoms if at any point you feel uncomfortable. However, symptoms are very rarely severe and patients can usually return to regular light activities after two to five days.

It is common for patients to experience a 'tight' feeling in the area that has been treated as the sensation post treatment is different than before.

In addition, compression wraps can be worn day and night in the immediate recovery phase to help with the healing process and ensure a more comfortable resting / sleeping state.

However, every patient is different and no two are the same. So if you are feeling like you are experiencing more symptoms than you should, contact your clinician for assistance and advice.

SIMPLY BETTER

The precision of the Renuvion® device wand, the ultra-controlled heat and the fact that Renuvion® doesn't require large incisions, this can all help to reduce the risk of this treatment, shortening recovery times and minimising scarring. Furthermore, research suggests that radio-frequency energy, such as that used in Renuvion® is able to deliver very similar results as with invasive surgery, but with far less risk.

A BRIEF NOTE FROM
DR. MATTEO VIGO



I decided to become a doctor at early age but I was not aware of the world of Plastic Surgery. Once I have discovered it I fell in love with the whole concept behind and how this field of Medicine can be helpful for many people.

I passionately believe that, in order to improve the physical aspect of a patient, the plastic surgeon needs to combine the principles of art and science, adopting a global approach to understanding the individual desires.

Plastic Surgery is a truly fascinating, dynamic, constantly evolving field of medicine and I believe that the role of a Cosmetic Surgeon is unique and highly privileged.

My main goal is to understand the needs of a patient and try to transform their desires into reality. The role of a plastic surgeon is not only merely surgical but also supportive in the decision process of the best treatment to help patients finding themselves and their wellbeing.

All these steps are taken into consideration once a person walks in my office and the service I am offering them is always at the top.

I am combining experience, quality and professionalism to evaluate each single case and offer the best solution for my patients.

"Because you deserve the best" is my motto and I want always to put the patient at the centre of what I am doing.

You have to feel pampered, understood, listened, loved once in my office and the feedback of this feelings from my patient is my best satisfaction.

Dr Matteo Vigo



DR MATTEO
VIGO
PLASTIC SURGERY

PLASTIC SURGERY DUBAI

AESTHETIC MEDICINE DUBAI

To book a consultation with
Dr Vigo, please contact us today.

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