



DR MATTEO  
**VIGO**

PLASTIC SURGERY

**BRAZILIAN BUTT-LIFT:  
A MORE SENSUAL  
BODY PROFILE**



A form of fat transfer operation called the Brazilian Butt Lift produces youthful looking, prominent buttocks and a more seductive body profile.

Women with the following symptoms are candidates for the procedure:

- Flat buttocks
- Sagging buttocks
- Significant weight loss which has changed the buttock's shape

The procedure uses your own fat, so it is the most natural way to augment your buttocks. People of all ages are undergoing Brazilian Butt Lift procedures.

The benefits of butt fat transfer procedure:

- No foreign objects placed in the body
- Quick recovery
- No cuts, minimal scarring
- No implant issues
- Liposuction
- Most natural results

A Brazilian Butt Lift consists of fat grafting that is notable for its natural-looking results. The procedure involves the following steps:

The procedure is usually performed under anesthesia, but in procedures where a smaller volume of fat is transferred, it may be done with only local anesthesia (numbing medication). You may ask for an anti-nausea medication beforehand, especially if anesthesia makes you sick.

Your surgeon then uses liposuction to remove fat from other areas of

your body, such as your hips, stomach, and thighs. Liposuction itself involves making incisions in the skin, and then using a tube to remove fat from the body. The fat stores that have just been removed from your body are purified and readied for injection into your buttocks.

Your surgeon finishes by injecting the processed fat into specific areas of the buttocks to create a more rounded, full look. They make three to five incisions around the buttocks for fat transfers. Both liposuction and fat transfer incisions are closed up with stitches. Your surgeon then applies a compression garment against the affected areas of skin to minimize your risk of bleeding.

### **THE BENEFITS OF A BRAZILIAN BUTT LIFT**

Unlike other forms of buttock surgery, such as placement of silicone buttock implants, a Brazilian Butt Lift is touted for providing more natural-looking results while also creating more roundness in your backside.

It can also help address certain issues, such as the sagging and shapelessness that sometimes occur with age. You might also consider the procedure if you're bothered by figure imbalances that make it difficult to wear clothing comfortably.

### **BRAZILIAN BUTT LIFT RECOVERY**

Recovery from a Brazilian Butt Lift takes about six weeks. For the first two, you will need to avoid both sitting and laying directly on your backside. Sleeping will need to be done on your side or stomach, and sitting will require a donut seat or pillow. The seat/pillow may need to be used for up to eight weeks in some cases. Your buttocks may be swollen for several weeks as you recover from surgery. Overall, the effects of this surgery last several months to years.

Initially, you may need more than one procedure until you achieve the exact results you want. It can also take up to six months before you see full results from the initial procedure.





### **IS A BRAZILIAN BUTT LIFT RIGHT FOR YOU?**

It's always a good idea to check with a cosmetic surgeon before considering a Brazilian Butt Lift. They might give you the go-ahead if you:

- lost your natural shape due to age or weight fluctuations
- don't feel comfortable in your clothes
- have enough fat stores in your hips and other areas for grafting
- are a nonsmoker
- are at a healthy weight
- lead a healthy lifestyle overall, which includes regular exercise
- haven't had any recent infections or complications related to surgery

Butt augmentations are on the rise, but this doesn't mean your choices stop at the Brazilian butt lift. Consider discussing the following options with your provider:

### **SCULPTRA BUTT LIFT**

Sculptra is a type of dermal filler used to plump up the skin due to natural losses of volume with age. The filler is most often used for facial wrinkles, but may be considered for use along with a Brazilian butt lift for maximum volume. Use of Sculptra in the buttocks is considered off-label use by the FDA.

### **SILICONE BUTT IMPLANTS**

As the name suggests, this procedure involves the use of silicone implants placed in your buttocks. It's much more invasive than the Brazilian Butt Lift, although sometimes the two procedures are used together. Silicone implants carry the long-term risk of displacement, so you will likely need to get the surgery done again at some point in the future.

### **LIPOSUCTION**

If you have excess fat stores in the gluteal area, sometimes a surgeon will recommend removing them as a way to create more roundness. This procedure focuses on fat removal only, not the transfer of fat used in a Brazilian butt lift.

Never use silicone or hydrogel injections for a butt lift. Such injections fail to deliver the same results.

A Brazilian Butt Lift can be life-changing. As well as re-shaping your “behind,” it sculpts and tones your overall body shape. I have found that this is often a wonderful turning point in my patients’ lives, boosting their self-esteem and enabling them to feel confident about their bodies, sometimes for the first time. For this reason, it’s very important to undergo this surgery for yourself, not to fulfill someone else’s ideas of what your body should look like.

A Brazilian Butt Lift lifts, contours and enhances your curves — not only your butt but also your waist, hips and thighs for a more feminine, hourglass figure. A Brazilian Butt Lift is a very long-lasting procedure. On average, expect about 50% of the injected fat to stay in the area and about 50% to be reabsorbed by the body.

A Brazilian Butt Lift can be individually customized to achieve the buttocks size and shape you desire. A great advantage of this is that unlike implants, Brazilian Butt Lift outcomes are not limited to the sizes and shapes of implants that are available.





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A BRIEF NOTE FROM  
DR MATTEO VIGO



I decided to become a doctor at early age but I was not aware of the world of Plastic Surgery. Once I have discovered it I fell in love with the whole concept behind and how this field of Medicine can be helpful for many people.

I passionately believe that, in order to improve the physical aspect of a patient, the plastic surgeon needs to combine the principles of art and science, adopting a global approach to understanding the individual desires.

Plastic Surgery is a truly fascinating, dynamic, constantly evolving field of medicine and I believe that the role of a Cosmetic Surgeon is unique and highly privileged.

My main goal is to understand the needs of a patient and try to transform their desires into reality. The role of a plastic surgeon is not only merely surgical but also supportive in the decision process of the best treatment to help patients finding themselves and their wellbeing.

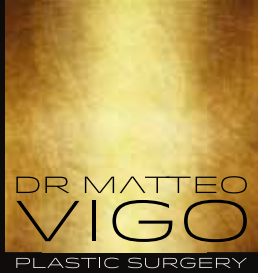
All these steps are taken into consideration once a person walks in my office and the service I am offering them is always at the top.

I am combining experience, quality and professionalism to evaluate each single case and offer the best solution for my patients.

“Because you deserve the best” is my motto and I want always to put the patient at the centre of what I am doing.

You have to feel pampered, understood, listened, loved once in my office and the feedback of this feelings from my patient is my best satisfaction.

Dr Matteo Vigo



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