



DR MATTEO
VIGO

PLASTIC SURGERY

WHAT IS A **FACE LIFT**
(RHYTIDECTOMY)?



Typically, a facelift treatment lasts between one and three hours and is performed under general anaesthesia. Sometimes, more involved and involved procedures take longer.

A facelift technique seeks to restore a more youthful and refreshed facial appearance by reviving the facial area's appearance. The technique entails removing extra skin from the area around the ears and tightening the platysma, the muscle that lies beneath the covering skin. This lifting procedure is frequently combined by Dr. Vigo with volumizing procedures such as fat grafting to the chin, jawline, lips, cheeks, and temples.

Our faces exhibit the most overt indications of ageing as we get older.

Ageing is particularly noticeable around the eyes, ears, nose, and mouth. The soft tissues (muscle and fat) hollow out, the bone itself starts to resorb, and the facial skin begins to lose its suppleness and droop. The lips get thinner, the earlobes and nose tip lengthen, and the face loses its young aspect.

To lessen and conceal scars, incisions are made behind and in front of the ears. Sometimes the incisions go all the way to the scalp.



In order to raise the skin and soft tissues of the face and rearrange the underlying facial muscles into a renewed position, Dr. Vigo will next proceed to reach deeper layers of the face. To increase the impact of the facelift, these muscles can also be strengthened and the neck may also undergo liposuction.

As less invasive alternatives, Dr. Vigo also offers a mini-facelift and a micro-facelift; these should be explored with Dr. Vigo.

WHY DO PEOPLE HAVE A FACELIFT?

Men and women can both benefit greatly from rhytidectomy as a cosmetic operation to renew their overall appearance and give their faces a more youthful appearance.

The following are some of the main causes for getting a facelift:

- rejuvenate the face to make it appear younger
- tighten and hydrate the facial skin.
- remove extra facial skin that is sagging.
- reduce wrinkles and fine lines
- bring the face's definition back
- face-sculpting techniques

The effects of a rhytidectomy are long-lasting. Even though the face will continue to progressively age after the treatment, it will do so from this newly refreshed point.

WHO IS SUITABLE FOR A FACELIFT?

If each of the following statements about a person is true, Dr. Vigo deems them suitable for the procedure:

- your mental and physical health are both good.
- your body weight is at its perfect level.
- you have an optimistic perspective and reasonable expectations for what surgery can accomplish.
- you want to make your face look more youthful.
- you want to get your face and neck's contours back.
- you desire noticeable, long-lasting rejuvenation outcomes.



WHAT SHOULD I ASK DURING MY CONSULTATION FOR A FACELIFT?

Before deciding whether to have surgery, your consultation with Dr. Vigo is intended to be the ideal time to ask him any questions you may have. Before making a final decision, it is crucial that you are completely informed, therefore the consultation is an important step in your education and decision-making process.

Good examples of what questions to ask are:

- what are my chances of success with this procedure?
- do you believe that, given my current anatomy, my aspirations are reasonable?
- can i view some examples of your prior facelift surgeries, both before and after?
- how long will it take me to recover?
- what might i anticipate in terms of swelling, bruising, and scarring?

HOW WILL I FEEL FOLLOWING MY PROCEDURE?

You will awaken in our recovery areas at the Clinic as your anaesthesia or sedative wears off. You could feel a little sleepy at first, but this usually passes in a few hours. You'll consume food and drink water once you've rested for a while. Your permission to leave the Clinic will then be granted by Dr. Vigo's nursing staff.

It's normal to experience some pain and discomfort just after surgery. This will eventually wear off.

A number of factors, including as the loss of facial fat and the thinning of dermal tissue, can contribute to the gradual deterioration of the quality of your skin. Age, gravity, sun damage, smoking, inheritance, and stress may be the causes of these alterations. By removing superfluous skin, tightening underlying tissue and muscle, and then redraping the remaining skin for a smoother and more taut appearance to the face



and neck, modern facelift treatments strive to correct many indicators of ageing sustained over the years. With just one procedure, a facelift can address any of the following typical ageing symptoms that are troubling you:

- sagging skin on the neck, jawline, or midface
- deep furrows that go from the corners of your mouth to your nose (nasolabial folds)
- lines that go from your mouth's corners to your chin (marionette lines)
- a double chin or jowls
- displaced face volume or fat

A facelift is a restorative procedure that tightens and smoothes loose skin on the face and neck by “undermining,” or separating the skin from the muscles and tissues beneath the skin. The skin is redraped over the face and any extra skin is clipped after the muscles and tissue beneath the skin have been realigned and made more firm. This successfully removes wrinkles and firms the skin.

Many patients mistakenly believe that facelifts are only advantageous for older people who are showing more pronounced indications of ageing. Patients who undergo a facelift typically range in age from 51 to 64, although anyone with signs of drooping skin and wrinkles can gain from the operation. Your general health, the state of your skin, and your lifestyle decisions will all play a role in determining if you'll make a good candidate for a facelift. Dr. Vigo will customise your facelift to your aesthetic goals and the degree of treatment required to achieve them by using a variety of procedures.



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A BRIEF NOTE FROM
DR MATTEO VIGO



I decided to become a doctor at early age but I was not aware of the world of Plastic Surgery. Once I have discovered it I fell in love with the whole concept behind and how this field of Medicine can be helpful for many people.

I passionately believe that, in order to improve the physical aspect of a patient, the plastic surgeon needs to combine the principles of art and science, adopting a global approach to understanding the individual desires.

Plastic Surgery is a truly fascinating, dynamic, constantly evolving field of medicine and I believe that the role of a Cosmetic Surgeon is unique and highly privileged.

My main goal is to understand the needs of a patient and try to transform their desires into reality. The role of a plastic surgeon is not only merely surgical but also supportive in the decision process of the best treatment to help patients finding themselves and their wellbeing.

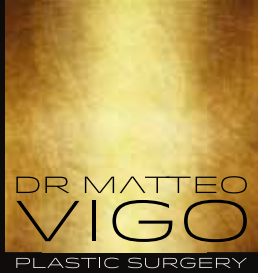
All these steps are taken into consideration once a person walks in my office and the service I am offering them is always at the top.

I am combining experience, quality and professionalism to evaluate each single case and offer the best solution for my patients.

"Because you deserve the best" is my motto and I want always to put the patient at the centre of what I am doing.

You have to feel pampered, understood, listened, loved once in my office and the feedback of this feelings from my patient is my best satisfaction.

Dr Matteo Vigo



PLASTIC SURGERY DUBAI

To book a consultation with
Dr Vigo, please contact us today.

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