



DR MATTEO  
**VIGO**

PLASTIC SURGERY

CORRECTIVE  
**BREAST SURGERY**



As with any surgery, cosmetic breast surgery comes with a level risk, and some patients may not be happy with the results. This is especially true when decisions are focused on the lowest cost rather than the knowledge of the surgeon.

Additionally, as patients age, their breast tissue changes and all breast implants deteriorate with time. Because of these factors, more individuals are requiring breast surgeries for correction, renewal, or revision. This kind of surgery necessitates a comprehensive evaluation of the breast tissue, the prior procedure, the implants and scars, as well as the anticipated results of additional surgery.

Only those with integrated backgrounds in cosmetic and reconstructive plastic surgery can possess such proficiency.

Dr. Vigo is amongst the most experienced, trusted and respected breast plastic surgeons in the region. He has contributed to the development of contemporary breast surgery techniques for more than ten years, and as an international authority, he has published and presented internationally on the subject. He is seeing more patients who want corrective surgery, thus he has become an authority in this field.

### **ISSUES WITH BREAST IMPLANTS**

A breast implant procedure is frequently thought of as being fairly straightforward and a “quick fix” for smaller or sagging breasts. To satisfy the needs and preferences of the patient, each procedure should be specifically planned after a rigorous assessment. Decisions need to be made on the implant’s size, form, and texturing as well as its placement above or below the muscle of the chest wall and the type of incision that will be used. Patients frequently seek a second opinion because this can be misinterpreted frequently.

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### **REPLACEMENT OF BREAST IMPLANTS**

Depending on the issue that needs to be addressed and the patient's preferences, a breast implant replacement process can range from being very simple to being quite difficult. This procedure may involve moving the implant above or below the chest wall muscle, changing the implant's size, or removing a tight internal scar that had formed around it (capsulectomy).

### **REVISIONAL BREAST LIFT**

In order to improve the appearance of the breasts after childbirth, as individuals age naturally, or after weight loss, breast elevation (mastopexy) surgery is frequently employed. Although it can be a very successful procedure, the biggest drawback is that the effects are not permanent. Due to the weight of the breasts and the fragility of the supporting ligament systems, patients' breasts typically sag again over time. Such uplifts benefit from longer lasting operations, frequently used in conjunction with a tiny implant.

### **BREAST ASYMMETRY**

The majority of breasts differ in their degree of asymmetry. The term "asymmetries of the breast" refers to variations in the breast's volume (size), overall form, nipple and areolar position, and placement on the chest wall (including the breast fold). This can happen as a result of prior surgery, over- or under-development of one of the breasts, or both.

The most frequent type of asymmetry is having one breast smaller than the other but with a regularly formed breast that is undeveloped. Breast hypoplasia is what is meant by this. In this case, the smaller breast can be surgically improved by inserting a Motiva cohesive gel silicone breast implant or by using fat that has been liposuctioned from another area of the body to augment the smaller breast.

### **BREAST LUMPS**

At some time in their lives, the majority of women will discover a breast lump, and it's vital to realise that most of these lumps are benign. The menstrual cycle frequently has an impact on them.



A fibroadenoma, often known as a breast mouse, is the most typical benign breast bulge. This is due to the fact that they are frequently well-defined, firm, rubbery lumps that can move around the breast when touched.

You can notice an increase in the size and tenderness of your breasts before your period. This is a result of the hormonal changes that the tissue around the milk ducts (called fibrocystic alterations) or the breast tissue itself experiences at this time (simple cysts).

### **BREAST SAGGINESS (PTOSIS)**

The nipple areolar complex is the name for the two structures together (NAC). The NAC ought to be positioned above the breast fold (this is where the breast meets the chest wall at the bottom of the breast and is called the inframammary fold). The NAC position described above is accurate for a young breast, but as a woman gets older, her breasts may sag (ptosis). This can affect one or both breasts and is caused by the gradual effects of gravity as well as pregnancy, breastfeeding, and weight swings.

### **INVERTED NIPPLES**

Numerous factors might cause nipples to invert. It might start at birth or develop over the course of a lifetime. It may be an aesthetic issue as well as obstruct breastfeeding.

Inversion is most frequently asymptomatic, although it can occasionally be an indicator of a disease process inside the breast tissue, such as inflammation (mastitis) or within the milk ducts (duct ectasia). Importantly, it may also be connected to an underlying breast cancer diagnosis.

Due to these correlations, it is always recommended that Dr. Vigo perform a thorough breast exam and request any imaging necessary to rule out these curable illnesses first. Surgery can be used to address inverted nipples if no underlying reason is discovered.



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A BRIEF NOTE FROM  
DR MATTEO VIGO



I decided to become a doctor at early age but I was not aware of the world of Plastic Surgery. Once I have discovered it I fell in love with the whole concept behind and how this field of Medicine can be helpful for many people.

I passionately believe that, in order to improve the physical aspect of a patient, the plastic surgeon needs to combine the principles of art and science, adopting a global approach to understanding the individual desires.

Plastic Surgery is a truly fascinating, dynamic, constantly evolving field of medicine and I believe that the role of a Cosmetic Surgeon is unique and highly privileged.

My main goal is to understand the needs of a patient and try to transform their desires into reality. The role of a plastic surgeon is not only merely surgical but also supportive in the decision process of the best treatment to help patients finding themselves and their wellbeing.

All these steps are taken into consideration once a person walks in my office and the service I am offering them is always at the top.

I am combining experience, quality and professionalism to evaluate each single case and offer the best solution for my patients.

“Because you deserve the best” is my motto and I want always to put the patient at the centre of what I am doing.

You have to feel pampered, understood, listened, loved once in my office and the feedback of this feelings from my patient is my best satisfaction.

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# BREAST AUGMENTATION DUBAI

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