

LIP LIFTING: THE PERMANENT ALTERNATIVE TO LIP FILLER



Lip Lifting is a minimally invasive surgery that improves the appearance of thin upper lips by reducing drooping skin between the top lip and the septum. During the procedure, Dr. Vigo creates a small incision in the lip area or under the nose and cuts off excess skin to lift and enhance the appearance of the lips and cupid's bow. The teeth can usually be seen better when you smile.

Patients often undergo lip lifts to enhance the lip shape or to make the philtrum region look more rejuvenated and youthful.

LIP LIFTING

A lip lift is an in-office surgical procedure that shortens the space between the nose and the top of the lip, known as the "philtrum." The procedure increases the amount of pink tissue that's visible which makes the lips look fuller and more pronounced. It also increases how much of your upper central teeth show when your lips are resting. It's a good option for people who want to add height instead of volume to their lips.

Types of lip lifts

There are several types of lip lifts. It's important to know the types and techniques so you can have an informed discussion with Dr. Vigo about which is right for you.

Direct lip lift

A direct lip lift, sometimes called a gullwing lip lift, creates a more defined lip border. A thin strip of skin is removed just above the upper lip, and the skin is pulled upwards, creating the illusion of a more pronounced vermillion (the pink part of the lips). This procedure typically leaves behind a scar on the upper lip area.

Subnasal bullhorn

The subnasal bullhorn is one of the more common lip lift procedures. Dr. Vigo will make an incision that's typically hidden along the base of the nose where it's less visible. The incision is often made in the shape of a bullhorn and the center, right, and left of the lip are all pulled up toward the nose.

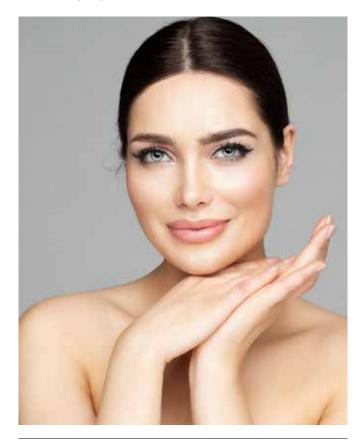
Central lip lift

A central lip lift is similar to a subnasal bullhorn lift. It shortens the space between the nose and the lips by an incision at the lower nose.

Corner lip lift

A corner lip lift is sometimes called a "grin lift" because it gives the face a more smiley appearance. It's done by making two small incisions at both corners of the mouth and removing a small amount of skin. Some people will get this in tandem with another lip lift to give fuller lips. It's an option for people who feel they have downturned lips.

A lip lift can be a good option for older people who want to reduce the space between the lips and the nose. With age, this space typically increases and can make lips look thinner. Younger people who haven't achieved the look they want from fillers, or if they find that fillers make their lips look unnaturally plump or duck-like, may prefer a lip lift. Lip lifts are also a permanent solution, so they can be helpful for people who are tired of the upkeep of filler.





WHO IS GOOD CANDIDATE FOR LIP LIFTING?

You may consider yourself a good candidate when:

- you want natural looking yet improved lips that move normally
- you have elongated distance between your nose and the red portion of the upper lip with reduced or no tooth show $\,$
- thin red portion of the upper lip
- unhappy with the results that filler injections give you
- you do not want a scar

SUMMARY & NOTES

A lip lifting is a surgical procedure that shortens the space between the nose and the top of the lip, known as the "philtrum". The procedure increases the amount of pink tissue (mucosa of the lips) that is visible which makes the lips look fuller and more pronounced. It also increases how much of your upper central teeth show when your lips are resting. It is a good option for people who want to add height instead of volume to their lips. The subnasal bullhorn is one of the more common lip lift procedures. Dr. Vigo will make an incision that's typically hidden along the base of the nose where it's less visible. The incision is often made in the shape of a bullhorn and the centre, right, and left of the lip are all pulled up toward the nose. A central lip lift is similar to a subnasal bullhorn lift. It shortens the space between the nose and the lips by an incision at the lower nose.

After the surgery, you need to plan to rest for at least 24 hours and avoid strenuous exercise and smoking in the weeks after. Avoid sleeping on your face or opening your mouth too wide.

Keep your lips moisturized and clean the incisions following the doctor's recommendations.

As with all surgeries, lip lifts have some potential complications include:

- scarring
- poor wound healing
- blood loss during or after surgery
- nerve damage



A BRIEF NOTE FROM DR MATTEO VIGO



I decided to become a doctor at early age but I was not aware of the world of Plastic Surgery. Once I have discovered it I fell in love with the whole concept behind and how this field of Medicine can be helpful for many people.

I passionately believe that, in order to improve the physical aspect of a patient, the plastic surgeon needs to combine the principles of art and science, adopting a global approach to understanding the individual desires.

Plastic Surgery is a truly fascinating, dynamic, constantly evolving field of medicine and I believe that the role of a Cosmetic Surgeon is unique and highly privileged.

My main goal is to understand the needs of a patient and try to transform their desires into reality. The role of a plastic surgeon is not only merely surgical but also supportive in the decision process of the best treatment to help patients finding theirselves and their wellbeing.

All these steps are taken into consideration once a person walks in my office and the service I am offering them is always at the top.

I am combining experience, quality and professionality to evaluate each single case and offer the best solution for my patients.

"Because you deserve the best" is my motto and I want always to put the patient at the centre of what I am doing.

You have to feel pampered, understood, listened, loved once in my office and the feedback of this feelings from my patient is my best satisfaction.

Dr Matteo Vigo



LIP LIFTING DUBAI

To book a consultation with Dr Vigo, please contact us today.

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Locations

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