



DR MATTEO  
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PLASTIC SURGERY

**5 AMAZING BENEFITS  
OF DERMAL FILLERS**

Dermal fillers are a gel-like substance that's injected under the skin. They enhance the contours of your face by restoring lost volume, filling out wrinkles, and smoothing the skin.

More than 1 million men and women receive this facial treatment annually. It's a cost-effective method of facial rejuvenation.

To understand why dermal fillers are such a popular cosmetic procedure, I encourage you to consider some of the amazing benefits:

### **1. IMMEDIATE AND VISIBLE RESULTS**

Once you undergo a filler injection, the improvement in your facial contours become evident immediately. You don't have to wait to enjoy the benefits of the treatment as you would with other, more-invasive procedures. Once the dermal filler is injected into the target area, it immediately adds volume and smooths out wrinkles and creases in your skin. As the filler settles under the skin, the full effect is visible in a matter of days. If you're in need of a last-minute boost to your appearance, dermal fillers are definitely the way to go!

### **2. NO RECOVERY OR DOWNTIME**

Depending on the number of injections you're getting at your appointment, a dermal filler treatment can be as quick as 10 minutes. You literally can have the procedure done during your lunch break then get back to your normal routine. This noninvasive procedure doesn't require you to take time off work because there's no surgery involved, which also means no post-op scarring or healing to deal with. There may be some slight swelling just after the injections, but this subsides over the next couple of days as the gel settles under the skin.

### **3. MINIMAL RISK**

Dermal fillers carry risk of redness, swelling, and mild bruising at the injection site. These are side effects that gradually disappear over a few days. Another risk is facial asymmetry, where one side of your face appears slightly different from the other. This risk is tied to the expertise and skill level of the person performing the dermal filler injections. Severe complications from dermal fillers are rare. The outcomes are good when the procedure is carried out by a board-certified aesthetic practitioner who understands the risks and is trained to deal with any complications that may occur.





#### **4. LONG-LASTING RESULTS**

How long the effects of your procedure last depends on the type of dermal filler used, the area of treatment, and the patient. Natural fillers typically last 6-18 months, and some synthetic fillers can last up to several years. If you're a first-time user, you may prefer the shorter duration option so you can see if you like your new look and would like to stick with it, or if you would like the injections done in different areas during your next visit. The longer duration option may be better once you've settled on the look you prefer.

#### **5. CONFIDENCE BOOST**

Dermal fillers improve your appearance in a very subtle way. You won't leave our office a completely different and unrecognizable version of yourself. Your facial contours will be sharper, and your skin smoother.

In the hands of our experienced aesthetic practitioners, you achieve natural and amazing results.

#### **WHAT CAN DERMAL FILLERS TREAT?**

Dermal fillers are generally used for smoothing fine lines and wrinkles, and for adding volume and fullness to skin beginning to suffer from volume loss. Dermal fillers can also be used for cheek and chin augmentation.

When performed by an expert with experience using dermal fillers, these treatments can be extraordinarily natural-looking. Most men and women don't necessarily want to look as if they have had work done, so strategic dermal filler placement is ideal for someone who just wants to soften their lines and take a few years off their face.

One of the main draws for dermal filler treatments is that they require no recovery time. The actual procedure can be done in as little as ten minutes, depending on how many areas are to be treated, and the patient is then free to resume their daily activities and go back to work immediately. The potential side effects of dermal fillers when administered professionally are very minimal, just redness or swelling around the injection site. If this happens, it usually disappears within a few hours or a day, and can be covered easily with makeup. Bruising is another potential side effect, but these can generally be avoided by following your dermatologist's instructions before coming in for your appointment.



## OTHER ADVANTAGES OF DERMAL FILLERS

### Long-Lasting Effects

Yet another benefit of fillers is the lasting results you'll enjoy after getting them. In the majority of cases, you'll stay looking more youthful and beautiful for about one year. However, you might want to go in for a quick touch-up appointment in four to six months following your initial treatment. It's in your best interest to maintain your filler results. You can do this simply by scheduling your next treatment before your filler has had the chance to metabolize completely.

### Beneficial for the Skin

Most fillers feature a natural skin component that help the skin - a major plus for patients interested in getting filler injections. Hyaluronic acid present in fillers are naturally occurring substances in the skin. Thus, when they are injected, they'll feel natural beneath your skin. It's just another reason to love the skin you're in after you get a filler treatment.

### Subtle Results

If you choose to receive dermal fillers, you'll also love how subtle and natural looking the results are. That's exactly what you want if you're like most patients. After all, who honestly wants to look like a totally different individual after the treatment than he or she was before it? You simply want to be the best version of yourself. With dermal fillers, the majority of people won't even know what you had done. All they'll notice is that you look amazing.

### Plumpness

As you grow older, your skin will lose collagen and fat. In other words, you'll lose your youthful plumpness. Replacing the young, healthy look you've become accustomed to will be a hollowed-out look and more blatantly obvious wrinkles - clear signs of advancing age. Fortunately, fillers help to counteract these problems by making your skin plumper. In the end, you'll end up with fuller-looking cheeks as well as fewer facial wrinkles - You can't beat that.

### Botox Complements Them

Another perk of using fillers? Botox complements fillers perfectly! As you get fillers, you might notice that a few of the wrinkles on your face are particularly deep - especially those on your forehead and glabella. Or

maybe you notice vertical lip lines near your mouth. In these situations, you may want to receive a Botox or Dysport treatment. This product will temporarily reduce the muscle activity responsible for your deep wrinkles and frown lines. It's perfect for tackling those lines and wrinkles that dermal fillers won't eliminate. With the powerful combination of fillers and Botox or Dysport, you may be able to delay or even avoid surgery, such as a facelift, down the road.

### **Good for Your Lips**

Of course, fillers aren't just good for filling in wrinkles and cheeks. Fillers can work wonders for your lips. Tired of thin lips? Fillers can make your lips look plumper and sexier. At the same time, it'll soften the appearance of annoying wrinkles around the mouth. With dermal fillers, you can finally stop feeling self-conscious when it comes to your lips. In fact, your lips just might become your favorite feature. Just be sure to get lip fillers with an experienced aesthetic practitioner to ensure yourself an experience that is safe and that yields natural looking results.

### **Say Goodbye to Scars**

A major advantage of springing for fillers is that they can improve the appearance of scars. This is a big deal if you've spent years applying makeup to hide unsightly scars as a result of acne, for example. Your practitioner can help you to determine if dermal fillers are an option for treating certain scars.

### **Boost Your Collagen**

Last but not least, biostimulatory fillers, like Radiesse and Sculptra will stimulate the body's natural collagen. A major reason that your skin ages as you get older is that collagen production declines. This is accelerated if someone has a lot of sun damage. Collagen is one of your skin's essential building blocks. When collagen ends up breaking down, the signs of aging is more apperant. This includes having coarse skin texture and wrinkles.

Dermal fillers, however, can help your body stimulate more of its own collagen, just as a younger individual's skin does. This translates to the younger, healthier-looking skin you're after - in a natural way.



A BRIEF NOTE FROM  
DR. MATTEO VIGO



I decided to become a doctor at early age but I was not aware of the world of Plastic Surgery. Once I have discovered it I fell in love with the whole concept behind and how this field of Medicine can be helpful for many people.

I passionately believe that, in order to improve the physical aspect of a patient, the plastic surgeon needs to combine the principles of art and science, adopting a global approach to understanding the individual desires.

Plastic Surgery is a truly fascinating, dynamic, constantly evolving field of medicine and I believe that the role of a Cosmetic Surgeon is unique and highly privileged.

My main goal is to understand the needs of a patient and try to transform their desires into reality. The role of a plastic surgeon is not only merely surgical but also supportive in the decision process of the best treatment to help patients finding themselves and their wellbeing.

All these steps are taken into consideration once a person walks in my office and the service I am offering them is always at the top.

I am combining experience, quality and professionalism to evaluate each single case and offer the best solution for my patients.

**"Because you deserve the best"** is my motto and I want always to put the patient at the centre of what I am doing.

You have to feel pampered, understood, listened, loved once in my office and the feedback of this feelings from my patient is my best satisfaction.

Dr Matteo Vigo



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## DERMAL FILLERS DUBAI

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**ESTELAZA CLINIC**

Silicon Oasis, Nibras Oasis 2  
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