



DR MATTEO
VIGO
PLASTIC SURGERY

WHAT IS
**NON-SURGICAL
RHINOPLASTY?**

Until recently, nose reshaping was a painful surgical procedure that requires an overnight stay in the hospital and long recovery period. Nonsurgical Nose Reshaping, also known as Nonsurgical Rhinoplasty is a safe, non-invasive procedure that uses dermal fillers to alter or reshape your nose, smoothing out any bumps and irregularities.

The non-surgical nose job became a popular treatment for different age groups because it is an excellent choice for those who don't want to have surgery. Major advantages of Nose Reshaping Fillers are that you can return to work the next day and resume your daily routine. No more hospital stay, leave of absence or long recovery period.

WHAT IS NONSURGICAL RHINOPLASTY?

A nonsurgical rhinoplasty is actually a dermal filler procedure that changes the shape of your nose for up to 6 months. This procedure is ideal for people who are looking to smooth out bumps in their nose or make it look less angular but who aren't ready for a permanent solution, or are worried about the risks and recovery time involved in a traditional rhinoplasty. Going under the needle is certainly less complicated than going under the knife for a nose job, but modifying the nose's shape is never risk-free.

HOW DOES IT WORK?

Nonsurgical rhinoplasty uses dermal filler ingredients to change the shape of your nose. A gel-like injectable ingredient (usually hyaluronic acid) is inserted underneath your skin in the areas where you wish to create smoother lines or volume.

The filler ingredient settles into where it's injected in your deeper skin layers and holds its shape. This can change the look of your nose for anywhere from 4 months to 3 years, depending on your skin, your desired results, and the ingredient used.



WHAT'S THE PROCEDURE LIKE?

The procedure for nonsurgical rhinoplasty is fairly simple, especially compared to surgical rhinoplasty. After a consultation where you discuss your desired results, your doctor will have you lie down with your face tilted up. You may have a topical anesthetic applied to your nose and the surrounding area so you won't feel pain from the needle.

After the anesthetic takes effect, Dr. Vigo will inject the filler into the area around your nose and maybe the bridge of your nose itself. You might feel a slight pinching or pressure while this is done. The whole process can take from 15 minutes or less to 45 minutes.

TARGETED AREAS

A nonsurgical rhinoplasty targets the bridge, tip, and sides of your nose. Fillers can be injected around any part of your nose to modify its shape. This procedure works well if you want to:

- smooth out small bumps in your nose
- make the tip of your nose more prominent
- add volume to your nose
- lift the tip of your nose

Additionally, if you have a mild prominent bump of the bridge of your nose, it can camouflage it and smooth the contour of your nose profile. Nonsurgical rhinoplasty won't be able to give you your desired results if you want your nose to look smaller or if you're looking to smooth out more prominent bumps.

WHAT TO EXPECT AFTER TREATMENT

After nonsurgical rhinoplasty, you may see pain, swelling, and redness where your injection was inserted. Within an hour or two, the injection should start to settle. The redness should start to subside, and you'll



be able to better see your desired results. Bring an ice pack to use after your appointment. Results should be fully visible within a week or two. Redness or bruising should completely subside by then. As far as downtime, people who swear by Nonsurgical Rhinoplasty love that there's practically no recovery time. You can be back to work and your normal activities the very same day.

Most filler ingredients will dissolve into your skin layer within 6 months. Some filler ingredients will last up to 3 years. No matter what, results of a Nonsurgical Rhinoplasty aren't permanent.

PREPARING FOR TREATMENT

Different filler ingredients have different guidelines for how to prep for your procedure. Dr. Vigo will give you detailed instructions on what to do before a nonsurgical rhinoplasty. The suggestions below are broad guidelines:

- Avoid aspirin, anti-inflammatory medication (such as ibuprofen), vitamin E supplements, and any other blood-thinning supplements in the week before the procedure. If you're on any blood-thinning medication, make sure your doctor knows it.
- Be aware of your vitamin K levels to reduce the risk of bruising. Eat lots of green, leafy vegetables to boost your vitamin K in the weeks before your procedure.
- Drink plenty of water and eat a meal before your appointment. Don't overeat, as you may feel nauseous during or after the appointment, but do make sure you've eaten something with starch and protein.



A BRIEF NOTE FROM
DR. MATTEO VIGO



I decided to become a doctor at early age but I was not aware of the world of Plastic Surgery. Once I have discovered it I fell in love with the whole concept behind and how this field of Medicine can be helpful for many people.

I passionately believe that, in order to improve the physical aspect of a patient, the plastic surgeon needs to combine the principles of art and science, adopting a global approach to understanding the individual desires.

Plastic Surgery is a truly fascinating, dynamic, constantly evolving field of medicine and I believe that the role of a Cosmetic Surgeon is unique and highly privileged.

My main goal is to understand the needs of a patient and try to transform their desires into reality. The role of a plastic surgeon is not only merely surgical but also supportive in the decision process of the best treatment to help patients finding themselves and their wellbeing.

All these steps are taken into consideration once a person walks in my office and the service I am offering them is always at the top.

I am combining experience, quality and professionalism to evaluate each single case and offer the best solution for my patients.

"Because you deserve the best" is my motto and I want always to put the patient at the centre of what I am doing.

You have to feel pampered, understood, listened, loved once in my office and the feedback of this feelings from my patient is my best satisfaction.

Dr Matteo Vigo



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VIGO
PLASTIC SURGERY

PLASTIC SURGERY DUBAI

To book a consultation with
Dr Vigo, please contact us today.

EMAIL
booking@matteovigo.com

Telephone & Whatsapp
+971 56 282 5825

Locations

AMWAJ POLYCLINIC

Building P11
Jumeirah Beach Residence
Dubai

HEALTHBAY POLYCLINIC

Al Wasl Road, Verve Villas
Umm Al Sheif
Dubai

ESTELAZA CLINIC

Silicon Oasis, Nibras Oasis 2
Dubai