



DR MATTEO  
**VIGO**  
PLASTIC SURGERY

J PLASMA RENUVION:  
REJUVENATE AND  
TIGHTEN SKIN IN THE  
FACE, NECK & BODY



Loss of tissue elasticity and tone is a hallmark of aging skin. It is the characteristic change that makes one start to look older than one feels inside. Until recently, no surgical procedure or energy source achieved consistent significant tightening without an extensive recovery. Now, whether ultrasonic liposuction is used in conjunction with J-Plasma Renuvion for skin tightening or not, there is hardly an area of the body that cannot be treated.

#### **WHAT IS J-PLASMA RENUVION?**

J-Plasma Renuvion is a revolutionary minimally invasive procedure that uses cold plasma energy on the underside of the skin to instantly tighten and rejuvenate anywhere on the face and body. A unique alternative to traditional facelifts, tummy tucks, and body sculpting, the J-Plasma Renuvion procedure will shrink and sculpt loose and lax skin without large incisions, downtime or complications of cosmetic surgery.

J-Plasma for the face uses cold plasma energy under the skin to lift, tighten and rejuvenate the face and neck giving you natural-looking results with minimal downtime and no complications of a traditional facelift. J-Plasma Renuvion is unique because the cold plasma energy applied under the skin creates instant skin contraction resulting in improved laxity, tightening and shrinkage.

#### **AM I A CANDIDATE FOR THIS SKIN TIGHTENING PROCEDURE?**

Renuvion is a treatment option for patients who want skin tightening results, but do not want to do invasive plastic surgery. No other minimally invasive technology will tighten the skin to this degree with such a:

- tiny incision
- little or no scarring
- minimal downtime

### **BENEFITS OF J-PLASMA RENUVION FOR THE FACE**

- Immediate skin tightening
- Improved skin elasticity
- Eliminates crepey skin
- Scar reduction
- Reduction and/or elimination of age spots, sun damaged pigment and freckles
- Reduction of wrinkles and lines caused by ageing and weight changes
- Tightening of loose skin in known problematic areas of the face
- Improvement of skin texture and tone around the lips, eyes, cheeks, forehead, jaw and neck
- Reduction of eye bags and crow's feet
- Reduction of acne and pigment issues (chloasma)

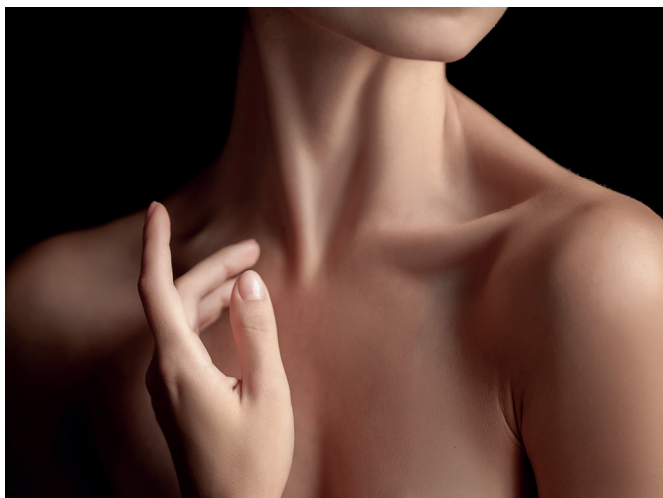
### **J-PLASMA RENUVION COMMON TREATMENTS**

Both women and men can undergo J Plasma treatment. However, it is most popular with women and the most common treatment areas are:

- Face
- Neck
- Breasts
- Stomach
- Arms
- Thighs

### **WHAT IS PLASMA ENERGY?**

Cold plasma is created when helium gas is energized by radiofrequency energy and delivered through the J-Plasma device. Because Helium gas is very stable, it can be ionized at very low energy ensuring flexible, precise and safe delivery. Cold plasma is cooler than laser energy making J-Plasma Face a safer procedure with less risk and damage to the tissue and affording patients a quick recovery. The level of improvement and rejuvenation from cold plasma energy is unrivaled in current technologies. No laser, ultrasound or radiofrequency treatment is capable of tightening and firming skin to this level.





### **J-PLASMA RENUVION CONSULTATION**

During your consultation, Dr. Vigo will evaluate your skin elasticity, and your underlying muscle tone. He will thoroughly explain the technique along with its risks, benefits, and recovery times.

### **J-PLASMA RENUVION FACE PROCEDURE**

Performed in a day care facility and using local anesthesia with sedation, Dr. Vigo starts the J-Plasma (Renuvion) procedure with three tiny, hidden incisions under the chin and behind each ear. He will then use the J-Plasma device sub-dermally (under the skin) to deliver cold plasma, which instantly tightens, shrinks and rejuvenates skin from the inside out. Results are immediate and continue to improve as your body continues to heal. A compressive garment is needed post operatively in order to enhance the result of the procedure.

### **DOES THE PROCEDURE REQUIRE GENERAL ANESTHESIA?**

J-Plasma Renuvion can be done under general anesthesia, sedation or even local anesthesia only for limited areas.

### **HOW MANY J-PLASMA RENUVION TREATMENTS WILL I NEED?**

J-Plasma Renuvion is a single treatment. You will start seeing results soon after surgery, but the skin continues to tighten over the next several months and up to a year as the skin remodels and deposits new collagen.

### **RECOVERY AFTER J-PLASMA RENUVION SKIN RESURFACING**

Although most patients are up and about at 2 weeks, there is still redness/erythema that lasts approximately 4 weeks. The energy penetrates deep into the skin for maximal result which does lengthen downtime. This is in contrast to J-Plasma Renuvion tightening where I have had patients go back to work within a few days. For limited areas, most patients only require a pain reliever during recovery.



### RECOVERY & SIDE EFFECTS

Recovery from Renuvion procedures can take between two to three weeks depending on the extent of the procedure and the target area.

Larger body parts generally require more downtime and patients will feel more symptoms than that of smaller target areas. Patients should expect to experience symptoms for up to three weeks post treatment. These can include:

- Dry skin
- Peeling skin
- Mild pain
- Redness
- Swelling
- Itching
- Bruising

Medication can be taken to curb symptoms if at any point you feel uncomfortable. However, symptoms are very rarely severe and patients can usually return to regular light activities after two to five days.

It is common for patients to experience a 'tight' feeling in the area that has been treated as the sensation post treatment is different than before.

In addition, compression wraps can be worn day and night in the immediate recovery phase to help with the healing process and ensure a more comfortable resting / sleeping state.

However, every patient is different and no two are the same. So if you are feeling like you are experiencing more symptoms than you should, contact your clinician for assistance and advice.



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PLASTIC SURGERY

# A BRIEF NOTE FROM DR MATTEO VIGO



I decided to become a doctor at an early age but I was not aware of the world of Plastic Surgery. Once I have discovered it I fell in love with the whole concept behind and how this field of Medicine can be helpful for many people.

I passionately believe that, in order to improve the physical aspect of a patient, the plastic surgeon needs to combine the principles of art and science, adopting a global approach to understanding the individual desires.

Plastic Surgery is a truly fascinating, dynamic, constantly evolving field of medicine and I believe that the role of a Cosmetic Surgeon is unique and highly privileged.

My main goal is to understand the needs of a patient and try to transform their desires into reality. The role of a plastic surgeon is not only merely surgical but also supportive in the decision process of the best treatment to help patients finding themselves and their wellbeing.

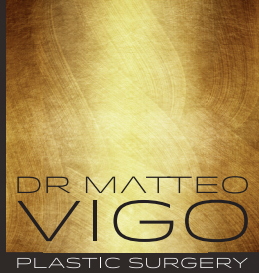
All these steps are taken into consideration once a person walks in my office and the service I am offering them is always at the top.

I am combining experience, quality and professionalism to evaluate each single case and offer the best solution for my patients.

**"Because you deserve the best"** is my motto and I want always to put the patient at the centre of what I am doing.

You have to feel pampered, understood, listened, loved once in my office and the feedback of these feelings from my patient is my best satisfaction.

Dr Matteo Vigo



## AESTHETIC MEDICINE DUBAI

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Aesthetic Medicine Dubai.

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To book a Aesthetic Medicine consultation with  
Dr Vigo, please contact us today.

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### Locations

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**HEALTHBAY POLYCLINIC**  
Al Wasl Road, Verve Villas  
Umm Al Sheif  
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