



LIPOSUCTION: REMOVING UNWANTED FAT & SCULPTING BODY SHAPE

Liposuction is often referred to as "lipo." It is a cosmetic surgery that is designed to slim and reshaped specific areas of the body by reducing and removing excess fat deposits. A skilled cosmetic surgeon can improve a patient's body contours and proportions through liposuction. Liposuction techniques are often used on: thighs, hips, buttock, abdomen, upper arms, and lower legs.

For many people, both male and female, their size and shape can cause unhappiness and insecurity, particularly if they are not responding to a healthy diet or exercise. Liposuction is a short and highly effective procedure to achieve these changes and can deliver both an improved physical and psychological sense of wellbeing.

TREATMENT TARGET AREAS



Global Estimated Liposuction Surgeries - Source: ISAPS

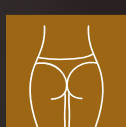
IS LIPOSUCTION **RIGHT FOR YOU?**

Both men and women undergo liposuction every year to achieve a variety of different goals. Some patients want to look better in a swimsuit, while others want to find jeans that fit more comfortably. For men, liposuction can often successfully treat gynecomastia. Cosmetic surgeons will often use liposuction to enhance the results of other procedures.

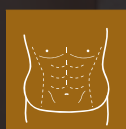
If one or more of the following apply to you, liposuction is an option to consider:



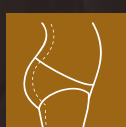
I have excess fat deposits on my hips, belly, thighs, neck, chin, arms or chest that won't respond to diet or exercise. Liposuction is excellent for reducing fatty bulges and sculpting a beautifully natural contour to the body.



I feel like certain areas are out of proportion with the rest of my figure. Reducing excess fat on one area of the body can bring it into better balance with your natural features.

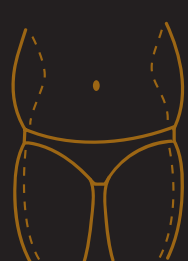


I have good skin elasticity - sagging skin is not a problem for me. For optimal results, the skin should have good enough tone to contract to the body's new contours.



I am at or near my desired body weight. Liposuction is best for reducing localized fat deposits, and the most satisfied patients are typically happy with their overall weight before surgery.

THE **BENEFITS** OF LIPOSUCTION



IT CAN ENHANCE THE SHAPE AND CONTOUR OF YOUR BODY.



THE EFFECTS CAN BE VERY LONG-LASTING SO LONG AS THE PATIENT'S WEIGHT DOES NOT GREATLY INCREASE ANY TIME AFTER THE PROCEDURE.



IT OFTEN INFLUENCES BETTER HABITS, SUCH AS EXERCISE AND GOOD DIETING, AS THE RESULTS OF LIPO MUST BE MAINTAINED.

A handful of different kinds of liposuction exist today and results can vary depending on the skill and ability of the surgeon using the technique. The procedures are used to remove pockets of fat and to contour that fat across the body like a sculptor would with clay. Before you can decide if you are an ideal candidate for liposuction, you will need to visit a trusted cosmetic surgeon.