



DR MATTEO
VIGO

PLASTIC SURGERY

PRP: HAIR
RESTORATION &
SKIN REJUVENATION
TREATMENT



Platelet Rich Plasma or PRP is obtained from your blood and injected into your tissue wherever tissue regeneration is needed. Over the last decade, autologous PRP has been successfully and extensively used in sports medicine to regenerate tendon injuries, muscle injuries, worn out cartilage in aging joints; in general surgery to promote faster healing of large surgical scars and in the field of cosmetic and anti-aging medicine for skin rejuvenation and hair regeneration.

Autologous PRP provides a safe and very effective regenerative treatment option but unfortunately not everyone is a candidate for PRP cosmetic regenerative treatments. Below are some of the absolute and relative contraindications to PRP treatments:

Absolute Contraindications to PRP Regenerative Therapy:

- Platelet dysfunction syndrome
- Critical thrombocytopenia - very low platelet count
- Hemodynamic instability - very low blood pressure
- Septicemia or local infection to injection site

Relative Contraindications to PRP Regenerative Therapy

- Aspirin and other NSAIDs use within one week of the PRP therapy.
- Corticosteroid injection at treatment site (1 month)
- Systemic use of corticosteroids (2 weeks)
- Cancers (hematopoietic-blood or bone)
- HGB < 10g/dl or platelet count < 105/ul

I do not want you to stop taking your aspirin or blood thinner medication if you are taking these medications for heart condition and for stroke prevention. If you are taking any of the medications for a serious medical illness, you will need to pause the medications under your physician's care and obtain a medical clearance letter before your PRP therapy.

Cosmetic PRP Therapy Treatment harnesses the healing ability of your blood to regenerate healthy new tissue in the treatment area for natural improvement of common skin concerns and thinning hair.

HOW LONG DOES THE PRP PROCEDURE TAKE?

The treatment will take around 30-40 minutes.

HOW MANY PRP TREATMENTS WILL I NEED?

For the best result, we recommend up to three treatments, 4-6 weeks apart, with top-ups at 6-24 months.

WHAT RESULTS CAN I EXPECT FROM PRP REJUVENATION TREATMENT?

You should notice fullness and improvements in skin texture and tone are noticeable within 3 weeks. Full collagen regeneration takes 3 months. Mild swelling may be seen immediately. Over the days and weeks, the platelets will release growth factors and pre stem cells which will assist in more collagen growth.

WHAT HAPPENS DURING YOUR TREATMENT OF PRP

Dr. Vigo will assess your skin condition, and come up with an action plan together. We will then perform a simple skin sample, and recommend a sensible treatment with a reasonable outcome. Pre-treatment photographs are taken.

Your skin is cleansed and prepared. Local anesthetic cream is applied to minimize pain. Blood is taken from your arm and placed in a test tube which is then centrifuged.

The Platelet Rich Plasma is then prepared and activated. It is then initially injected into the areas discussed prior to treatment. The remainder of the plasma is then injected all over the rest of the skin area to be treated. PRP facial rejuvenation can be a one-off treatment, but further micro-injections can be re-performed at 4-6 weekly intervals for lines and wrinkles if the client desires this. It can also be used as part of a treatment program.

ARE THERE ANY POSSIBLE SIDE EFFECTS OF PRP TREATMENT TO SKIN REJUVENATION?

Minimal swelling is to be expected, bruising and redness for 12-24 hours. A bruise at the needle site may be visible for 2-3 days.

ARE THERE ANY POSSIBLE SIDE EFFECTS OF PRP TREATMENT TO SKIN REJUVENATION?

Results are normally visible at three weeks and improve gradually over ensuing months with improvement in texture and tone. This is due to the cause of action of the injected platelets and growth factors.

Results may not be visible immediately. You may notice swelling from the fluid is what you will see and feel first. Once the swelling has subsided you will not see much change at all. Over a few weeks, the platelets will stimulate the growth factors which will assist in more collagen growth.

HOW MANY PRP TREATMENTS ARE REQUIRED?

This will depend upon the health and age of your skin. Normally it is advised to have 2-3 treatments, 4-6 weeks apart. However, your clinician will determine your treatment protocol according to your skin condition.

HOW LONG DO THE RESULTS LAST?

Treatment results vary, however, in most patients the results last up to 18 months. Touch-up treatments will maintain the results.



WHO SHOULD NOT HAVE PRP TREATMENT?

- Heavy smokers
- Platelet Dysfunction Syndrome
- Critical Thrombocytopenia
- Hypofibrinogenaemia
- Haemodynamic Instability
- Sepsis
- Acute and Chronic Infections
- Chronic Liver Pathology
- Anti Coagulation Therapy
- A person with Skin Disease or Cancer
- Severe Metabolic and Systemic Disorders
- Hair loss treatment Birmingham

CLINICAL RESEARCH ON PRP TREATMENT EFFICACY FOR SKIN AND THINNING HAIR

Platelet Rich Plasma is obtained by processing your blood in a centrifuge to get a concentrated mixture of your platelets. Platelets are small cells in your blood that are responsible for your body's healing response to injury. Upon any injury, your platelets release a minimum of eight growth factors which initiate a cascade of events leading to regeneration of healthy tissue to repair the injured area. High-quality PRP leads to the appropriate growth factor release which results in healthy tissue regeneration for rejuvenated skin and thicker hair when injected in these sites.

PRP THERAPY FOR SKIN

Cosmetic regenerative PRP therapy provides growth factors from your own blood to optimize your wound healing and is used for several non-surgical cosmetic skin treatments to enhance the results of your cosmetic skin treatment. I love the natural results from regenerative PRP skin treatments for improvement of several common cosmetic skin problems such as; skin aging, acne and other scars, stretch marks, melasma and other hyperpigmentation disorders. I often combine your PRP with different types of skin treatments specific to your needs to help you achieve your personal best for your skin needs.

PRP SKIN SURFACE REJUVENATION AND PHOTODAMAGE REPAIR

PRP injection into the dermis (middle layer of skin) and application of PRP topically with Micropen microneedling skin treatment may improve skin surface aging, fine lines, pigmentation, texture and skin tone.

PRP SKIN TIGHTENING AND PRP DEEP WRINKLE REDUCTION

To address the signs of deeper skin aging such as loss of skin elasticity, deep wrinkles and folds, which present as jowls, sagging of the eyelids, sagging of the skin below the chin, deep nasolabial folds and so forth, I recommend a deeper skin tightening and collagen building treatment. The injection of PRP into the dermis and application of PRP topically with the MFR skin treatment can improve skin tightness, build collagen to lessen the appearance of deep wrinkles, deep folds, jowls, tighten the neck skin and lift the eyelids.

PRP WITH DERMAL FILLERS FOR VOLUME ENHANCEMENT

For areas with mild to moderate volume loss below the skin such as the age-related thinning of the back of hands, deep under-eye circles and loss of facial volume, PRP injections below the dermis can be combined with a dermal filler for volume replenishment. The advantage of PRP is that the regenerative response of your body leads to an improvement in the skin texture, firmness and tightness with healthy new tissue along with the volume that is replenished with the dermal filler. I see this effect most noticeable in the under eye area.

PRP HAIR LOSS THERAPY

PRP hair loss therapy is an effective treatment option for increasing hair density in individuals with certain types of hair loss disorders*

PRP hair loss therapy alone is effective in improving hair density and quality when injected into the scalp of men and women with early and mild androgenic alopecia and with telogen effluvium (after correcting the triggers of telogen effluvium). PRP hair loss therapy is effective in increasing hair density and hair quality in individuals with more advanced androgenic alopecia and androgenic alopecia lasting longer than 5 years. PRP hair loss therapy alone does not lead to hair regeneration in individuals with advanced hair loss with scarring and those with complete loss of hair follicles.

*Individual results vary with genetic, hormonal, environmental and other influences



A BRIEF NOTE FROM
DR. MATTEO VIGO



I decided to become a doctor at early age but I was not aware of the world of Plastic Surgery. Once I have discovered it I fell in love with the whole concept behind and how this field of Medicine can be helpful for many people.

I passionately believe that, in order to improve the physical aspect of a patient, the plastic surgeon needs to combine the principles of art and science, adopting a global approach to understanding the individual desires.

Plastic Surgery is a truly fascinating, dynamic, constantly evolving field of medicine and I believe that the role of a Cosmetic Surgeon is unique and highly privileged.

My main goal is to understand the needs of a patient and try to transform their desires into reality. The role of a plastic surgeon is not only merely surgical but also supportive in the decision process of the best treatment to help patients finding themselves and their wellbeing.

All these steps are taken into consideration once a person walks in my office and the service I am offering them is always at the top.

I am combining experience, quality and professionalism to evaluate each single case and offer the best solution for my patients.

"Because you deserve the best" is my motto and I want always to put the patient at the centre of what I am doing.

You have to feel pampered, understood, listened, loved once in my office and the feedback of this feelings from my patient is my best satisfaction.

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AESTHETIC MEDICINE DUBAI

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Aesthetic Medicine Dubai.

To book a Aesthetic Medicine consultation with
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