

A close-up photograph of a hand holding a large, light-colored, teardrop-shaped breast implant against a person's arm. The implant is smooth and has a natural-looking shape. The background is a blurred outdoor setting with a white surface.

DR MATTEO
VIGO
PLASTIC SURGERY

**BREAST
AUGMENTATION
FREQUENTLY ASKED
QUESTIONS**



Dr. Matteo Vigo is dedicated to helping patients understand their breast augmentation options and providing them with assistance. Here, he has included a list of the most often asked questions regarding breast augmentation. Bring all of your inquiries and worries to your consultation appointment if you can't find what you're searching for or would like more information.

WILL BREAST AUGMENTATION INCREASE MY RISK OF BREAST CANCER?

Women thinking about having this procedure usually ask this question. Numerous studies have demonstrated that women who get implants do not have an elevated risk of developing breast cancer. Additionally, breast cancer identification is not delayed by implants. Numerous research and data from the National Cancer Institute demonstrate that having breast implants does not prevent a patient or their doctor from detecting breast tumours. Finally, women with breast implants had the same likelihood of achieving remission, or remaining cancer-free for 5 years, as those without implants if they get breast cancer.

AM I TOO OLD FOR BREAST AUGMENTATION SURGERY?

Many ladies in their 40s and 50s have had successful breast augmentation procedures. A lady in her 30s with two children who has been thinking about having this surgery for many years is the most typical patient. No matter where you are in life, we invite you to set up a consultation to determine the best course for achieving your aesthetic objectives.

SHOULD I WAIT UNTIL I AM DONE HAVING CHILDREN TO HAVE AUGMENTATION?

Whether a woman has breast implants or not, pregnancy will alter the size and form of her breasts. The aesthetic look of any enhanced breast might be negatively impacted by these alterations. Pregnancy is typically advised to be delayed until six months after the operation. It has been demonstrated that breastfeeding while having implants is both safe for the mother and the child.

WILL AUGMENTATION WORK FOR ME IF I FEEL MY BREASTS ARE SAGGING?

Breast implants can also be given to women who have "ptosis," or drooping breasts. The extent of the breast sagging will determine whether or not more surgery is required. Breast lift surgery, also known as mastopexy, is frequently necessary for breasts with nipples that hang below the lowest crease of the breast. In contrast to other breast augmentation procedures, this one will also leave scars all the way around the nipple-areola. The drooping may not be sufficiently corrected by implant insertion without this additional surgery to remove extra skin.

HOW DO I CHOOSE MY NEW SIZE?

This is frequently one of the hardest choices to make and, for a variety of reasons, it carries the greatest risk of disappointment. Dr. Vigo will help with you to determine what size breast you want after breast augmentation during your appointment. The term "breast size" as determined by bra size is arbitrary and frequently not a reliable indicator of final size. A single cup size increases for every 125-150cc increase in implant volume. The physique of each sufferer varies, though. Together, you may create realistic, healthy expectations by working with Dr. Vigo. To assist in choosing the proper sized implant for you, it is good if you bring in a bra in the size you would want to be.





WILL MY NIPPLE SENSATION OR FEELING CHANGE?

The majority of women who have breast augmentation surgery will experience some loss of feeling or sensation. This lasts for the majority of them for 6–12 months before things get back to normal. However, 15% of women have persistent changes to nipple feeling.

HOW LONG UNTIL I CAN EXERCISE?

It is advised that patients start walking as soon as possible after surgery. However, for six weeks after the procedure, ladies shouldn't engage in any strenuous exercise. Exercise, including as weightlifting, bicycling, running, and other strenuous activities, may cause implants to move position or result in wound healing issues that might change the look of the breasts following surgery.

WHEN CAN I RETURN TO WORK?

This depends on the physical demands of your employment. Here are some basic recommendations: For the first one to two weeks, refrain from using your upper arms for reaching. After the procedure, you should wait six weeks before lifting anything more than five pounds. Some women might not be able to resume their employment due to the lifting limitation.

HOW MUCH PAIN CAN I EXPECT?

The pain from breast augmentation surgery is usually in the moderate range and generally can be well controlled with medication in the first 1–2 weeks following the surgery. It is important to note that severe or untreatable pain following surgery can mean infection or another complication.

WHEN CAN I DRIVE?

Women may start driving a car one week after surgery as long as they are not taking any pain medications.

WILL THE NEW IMPLANTS AFFECT MY PHYSICAL FUNCTIONING, CAN I LIFT HEAVY OBJECTS?

It is unlikely that your physical functioning will change permanently. Most women have little problem completing the majority of physical activities after surgery, depending on the size of the implant. When the wound has fully healed, lifting weights or other heavy things won't harm the implant.

CAN I BREAST FEED AFTER AUGMENTATION?

The capacity of the breast to make milk is unaffected by implant placement below the breast tissue, such as in subglandular implantation. Similar to submuscular implantation, which places the implant beneath one of the chest muscles, optimal breast functioning is preserved. There may be an increased chance of breastfeeding issues with the peri-areolar incision. In one research, 7/8 individuals who underwent peri-areolar breast augmentation surgery complained of difficulties nursing. Breastfeeding is often not an issue for women who select an inframammary or trans-axillary incision (under the breast and through the armpit). Be careful to tell Dr. Vigo about your breastfeeding requirements when you meet with him.

WILL I NEED ADDITIONAL SURGERIES?

For individuals undergoing augmentation, further operations may occasionally be necessary. You might choose to have further breast lifts or other supportive operations to get the best symmetry. If you experience any problems with your augmentation, such as implant rupture or capsular contracture, more operations may be required. Additionally, transplanted breasts will age like any other part of the body, and some women may decide to have additional surgeries in the future to address the effects of gravity and ageing. Dr. Vigo and you should talk about the potential for further treatments following breast augmentation during your visit.





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A BRIEF NOTE FROM
DR MATTEO VIGO



I decided to become a doctor at early age but I was not aware of the world of Plastic Surgery. Once I have discovered it I fell in love with the whole concept behind and how this field of Medicine can be helpful for many people.

I passionately believe that, in order to improve the physical aspect of a patient, the plastic surgeon needs to combine the principles of art and science, adopting a global approach to understanding the individual desires.

Plastic Surgery is a truly fascinating, dynamic, constantly evolving field of medicine and I believe that the role of a Cosmetic Surgeon is unique and highly privileged.

My main goal is to understand the needs of a patient and try to transform their desires into reality. The role of a plastic surgeon is not only merely surgical but also supportive in the decision process of the best treatment to help patients finding themselves and their wellbeing.

All these steps are taken into consideration once a person walks in my office and the service I am offering them is always at the top.

I am combining experience, quality and professionalism to evaluate each single case and offer the best solution for my patients.

“Because you deserve the best” is my motto and I want always to put the patient at the centre of what I am doing.

You have to feel pampered, understood, listened, loved once in my office and the feedback of this feelings from my patient is my best satisfaction.

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To book a consultation with
Dr Vigo, please contact us today.

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