

TUMMY TUCK DUBAI

A tummy tuck (abdominoplasty) is surgery to remove excess loose skin and some of the fat from your abdomen (tummy), and to tighten your abdominal muscles.

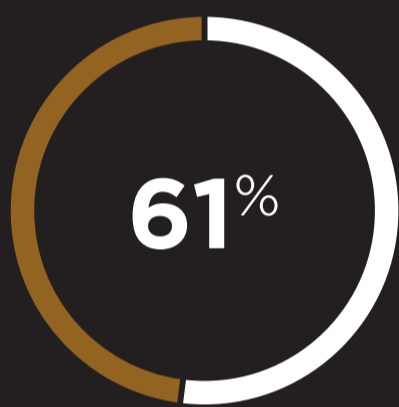
STANDARD TUMMY TUCK

Your surgeon will make a cut from hip to hip along your pubic area (in women this is called your bikini line). They'll make another cut around your belly button to free it from the surrounding skin. After tightening your abdominal muscles and removing excess fat and skin, they pull the remaining skin down and make a new hole, so your belly button is in the correct position.

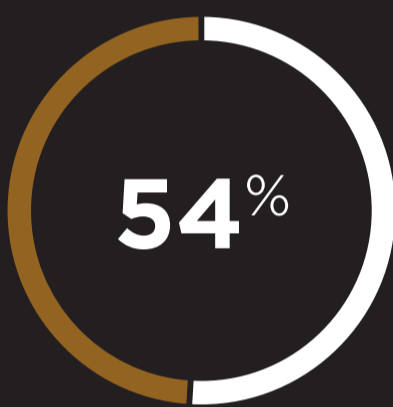
MINI TUMMY TUCK

If you only need a small amount of skin or fat removed, you can have a mini tummy tuck. Your surgeon will remove any excess skin and fat from your lower abdomen, leaving your belly button in place. They will usually need to use some liposuction at the same time as part of the procedure to help shape your abdomen. Afterwards, you'll have a curved scar above your pubic area. This may be slightly shorter than with a standard tummy tuck. Your belly button stays in the same place, but may be a slightly different shape.

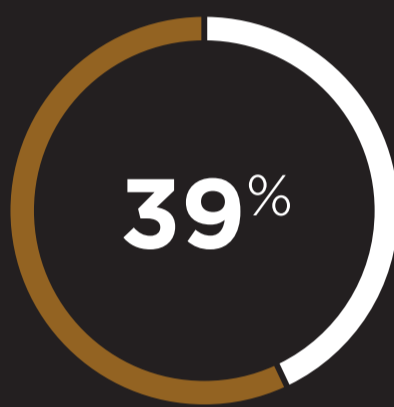
CHOOSING TO HAVE A TUMMY TUCK...



DIET & EXERCISE IS UNABLE TO **REDUCE LOOSE SKIN** FROM THE ABDOMEN AREA



FOLLOWING PREGNANCY, MANY WOMEN ARE LEFT WITH **STRETCH MARKS & LOOSE SKIN**

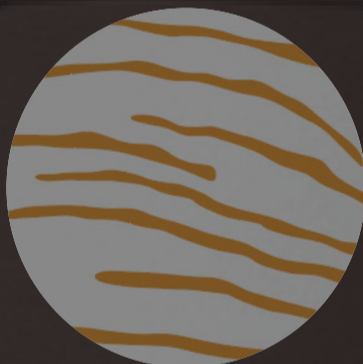


SCARS LEFT FROM PREVIOUS SURGERIES INCLUDING A **CAESARIAN SECTION**

BENEFITS OF A TUMMY TUCK



REMOVAL OF EXCESS FAT AND SKIN



REDUCTION IN VISIBLE STRETCH MARKS



TIGHTENING AND REPAIR OF ABDOMINAL MUSCLES



SMOOTHER, FIRMER APPEARANCE TO MID-SECTION

The basic tenet of any tummy tuck is to achieve a smoother, flatter abdominal contour when liposuction alone is not adequate. This may occur when your body has experienced pregnancy, significant weight loss, or loss of skin elasticity over time.

THE IDEAL CANDIDATE FOR A TUMMY TUCK



IS PHYSICALLY FIT



HAS BEEN AT A STABLE WEIGHT FOR SEVERAL MONTHS



IS NEAR THEIR IDEAL WEIGHT