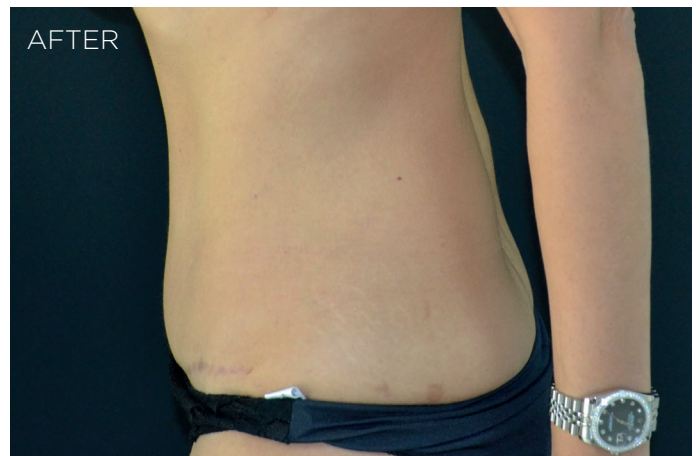


PATIENT JOURNEY

TUMMY TUCK



GENDER

Female

AGE

45 years old

PROCEDURE

Tummy Tuck Surgery - Abdominoplasty

OPERATION DURATION

3 hours in operating theater. 1 night stay.

POST OP CONSULTATIONS

Week 1, Week 2, 3 months

CLINIC

Amwaj Polyclinic

JOURNEY

After 3 pregnancies, this lovely lady was left with abdominal separation (Diastasis Recti). It's very common among pregnant women. About two-

thirds of pregnant women have it. The patient also had skin relaxation in the abdominal area, which she was particularly self-conscious of.

TREATMENT

The patient underwent a tummy tuck procedure with navel re-positioning. During the surgery, the muscles which have separated were sutured together in the midline. The suturing brings the muscles together, creating an internal corset, which narrows the waist and flattens the appearance of the abdominal bulge.

RECOVERY & FOLLOW-UP

The patient found the recovery faster and easier than what she thought, and she was able to achieve full mobility after 4 weeks from the surgery.

RESULTS

The photos show the result at the 6 month stage. Improvement can also be seen also in the patient's posture.

*"I have so much more confidence.
I cannot thank Dr Vigo enough!"*