Breast Augmentation: Implant Placement
There are few choices when it comes to the placement of the breast implants you select. They are subglandular (above the muscle), submuscular (below the muscle) or dual plane (upper part below the muscle, lower part of the implant below the gland). The benefits of each of the different placement options will be discussed with you at your consultation with a recommendation of a specific placement option depending on the natural shape of your breasts or your overall goals for getting a breast augmentation.
Subglandular placement is when the implant is placed above the muscle. During this placement, the implants are placed below the natural breast tissue and the surgery is usually quicker and the recovery time is faster than below the muscle. One of the benefits of subglandular placement is that if future surgery may be required due to rupture or leakage, it allows for easier access to the implant. However, subglandular placement does also have its downsides, such as an increased risk of capsular contracture, concerns about breast views on mammography, and the implant may be able to be felt through the skin. This technique is indicated when the patient has already enough glandular tissue to cover the edge of the implant and when the implant chosen is
Submuscular placement is when the breast implant is put under the pectoral muscle. The benefit with submuscular placement is that the final result of the breast augmentation will look and feel more natural. Any breast imaging will be easier including mammographies, because it is easier to differentiate the implant from real breast tissue. Most patients are able to drive in a few days and you may shower the next day. Most surgeons agree that implants under the muscle are in the best position for the long term health of the patient.
Dual plane augmentation

When slender women with slightly drooping breasts seek breast augmentation surgery, surgeons often combine these two routes, placing the implants partly behind the breast and partly behind the muscle. Through this combined approach surgeons try to give patients the benefits of both techniques. This is called a dual plane augmentation. This procedure can also be used in any type of breast, granting the same natural result.
BREAST AUGMENTATION GLOSSARY OF TERMS
WHAT WORDS SHOULD I KNOW ABOUT BREAST AUGMENTATION?

AUGMENTATION MAMMAPLASTY
Breast enlargement or breast enhancement by surgery.

BREAST AUGMENTATION
Also known as augmentation mammaplasty; breast enlargement or breast enhancement by surgery.

BREAST IMPLANTS
Medical devices placed in your body to enhance an existing breast size or to reconstruct your breast. Breast implants fall into two categories: saline breast implants and silicone breast implants.

CAPSULAR CONTRACTURE
A complication of breast implant surgery which occurs when scar tissue that normally forms around the implant tightens and squeezes the implant and becomes firm.

GENERAL ANESTHESIA
Drugs and/or gasses used during an operation to relieve pain and alter consciousness.

INFRAMAMMARY INCISION
An incision made in the fold under the breast.

INTRAVENOUS SEDATION
Sedatives administered by injection into a vein to help you relax.

LOCAL ANESTHESIA
A drug injected directly to the site of an incision during an operation to relieve pain.

PERIAREOLAR INCISION
An incision made at the edge of the areola.

SALINE IMPLANTS
Breast implants filled with sterile salt water.

SILICONE IMPLANTS
Breast implants filled with an elastic gel.

SUBMAMMARY OR SUBGLANDULAR OR SUBFASCIAL PLACEMENT
Breast implants placed directly behind the breast tissue, over the pectoral muscle.

SUBMUSCULAR OR SUBPECTORAL PLACEMENT
Breast implants placed under the pectoral muscle, which is located between the breast tissue and chest wall.

SUTURES
Stitches used to hold skin and tissue together.

TRANSAXILLARY INCISION
An incision made in the underarm area.

ULTRASOUND
A diagnostic procedure that projects high-frequency sound waves into the body and records the echoes as pictures.
A BRIEF NOTE FROM DR MATTEO VIGO
I decided to become a doctor at early age but I was not aware of the world of Plastic Surgery. Once I have discovered it I fell in love with the whole concept behind and how this field of Medicine can be helpful for many people.

I passionately believe that, in order to improve the physical aspect of a patient, the plastic surgeon needs to combine the principles of art and science, adopting a global approach to understanding the individual desires.

Plastic Surgery is a truly fascinating, dynamic, constantly evolving field of medicine and I believe that the role of a Cosmetic Surgeon is unique and highly privileged.

My main goal is to understand the needs of a patient and try to transform their desires into reality. The role of a plastic surgeon is not only merely surgical but also supportive in the decision process of the best treatment to help patients finding theirselves and their wellbeing.

All these steps are taken into consideration once a person walks in my office and the service I am offering them is always at the top.

I am combining experience, quality and professionality to evaluate each single case and offer the best solution for my patients.

“Because you deserve the best” is my motto and I want always to put the patient at the centre of what I am doing.

You have to feel pampered, understood, listened, loved once in my office and the feedback of this feelings from my patient is my best satisfaction.

Dr Matteo Vigo
BREAST AUGMENTATION DUBAI

Click [here](#) to learn more about: [Breast Augmentation Dubai](#).

To book a Breast Augmentation consultation with Dr Vigo, please contact me today.

EMAIL
info@matteovigo.com

Telephone & Whatsapp
+971 52 666 3448

Locations

**AMWAJ POLYCLINIC**
Building P11
Jumeirah Beach Residence
Dubai

**HEALTHBAY POLYCLINIC**
Al Wasl Road, Verve Villas
Umm Al Sheif
Dubai

**AIG CLINICS JUMEIRAH**
Plastic Surgery Dubai
506A Jumeirah Road Jumeirah
3 Post Box 505173
Dubai

**BIOSCIENCE CLINIC**
Al Razi Building 64,
Block B, Ground Floor